# CARF Accreditation Report for Futures Explored, Inc.

**Three-Year Accreditation** 



**CARF International Headquarters** 6951 E. Southpoint Road Tucson, AZ 85756-9407, USA

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# **About CARF**

CARF is an independent, nonprofit accreditor of health and human services, enhancing the lives of persons served worldwide.

The accreditation process applies CARF's internationally recognized standards during an on-site survey conducted by peer surveyors. Accreditation, however, is an ongoing process that distinguishes a provider's service delivery and signals to the public that the provider is committed to continuous performance improvement, responsive to feedback, and accountable to the community and its other stakeholders.

CARF accreditation promotes providers' demonstration of value and Quality Across the Lifespan® of millions of persons served through application of rigorous organizational and program standards organized around the ASPIRE to Excellence® continuous quality improvement framework. CARF accreditation has been the recognized benchmark of quality health and human services for more than 50 years.

For more information or to contact CARF, please visit <a href="www.carf.org/contact-us">www.carf.org/contact-us</a>.



# Organization

Futures Explored, Inc. 2380 Salvio Street, Suite 302 Concord, CA 94520

# **Organizational Leadership**

Dean Evans, IT Director Gary Lewis, Board President Will Sanford, Executive Director

# Survey Date(s)

March 13, 2019–March 15, 2019

# Surveyor(s)

Mike Townsend, Administrative Jay Hayston, MBA, Program

# Program(s)/Service(s) Surveyed

Community Employment Services: Employment Supports Community Employment Services: Job Development Supported Education Services Governance Standards Applied

# **Previous Survey**

Three-Year Accreditation May 4, 2016–May 6, 2016

# **Accreditation Decision**

Three-Year Accreditation Expiration: April 30, 2022



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# **Executive Summary**

This report contains the findings of CARF's on-site survey of Futures Explored, Inc. conducted March 13, 2019—March 15, 2019. This report includes the following information:

- Documentation of the accreditation decision and the basis for the decision as determined by CARF's consideration of the survey findings.
- Identification of the specific program(s)/service(s) and location(s) to which this accreditation decision applies.
- Identification of the CARF surveyor(s) who conducted the survey and an overview of the CARF survey process and how conformance to the standards was determined.
- Feedback on the organization's strengths and recognition of any areas where the organization demonstrated exemplary conformance to the standards.
- Documentation of the specific sections of the CARF standards that were applied on the survey.
- Recommendations for improvement in any areas where the organization did not meet the minimum requirements to demonstrate full conformance to the standards.
- Any consultative suggestions documented by the surveyor(s) to help the organization improve its program(s)/service(s) and business operations.

# **Accreditation Decision**

On balance, Futures Explored, Inc. demonstrated substantial conformance to the standards. Based on the systems and processes develop by Futures, it is likely that the clients will continue to achieve positive outcomes. The organization enjoys the support of its board, clients, families, funding sources, employers, and other stakeholders. Its programs and services are client centered, and it has many strong administrative and program/service functions and processes in place that reflect its mission. Futures should concentrate on enhancing its governance policies, risk management plan, workforce develop procedures, performance measurement and management system, and performance improvement. The organization is already addressing the issues noted herein and, in the process, is developing organizational strengths through the appropriate use of its resources. The organization has the capacity and willingness to address the recommendations noted in this report. Encouragement is also provided to continue to improve upon the fine record of providing quality outcomes for the clients. The leadership and staff members have demonstrated that they build on their strengths and are constantly striving to upgrade all aspects of the organization.

Futures Explored, Inc. appears likely to maintain and/or improve its current method of operation and demonstrates a commitment to ongoing quality improvement. Futures Explored, Inc. is required to submit a post-survey Quality Improvement Plan (QIP) to CARF that addresses all recommendations identified in this report.

**Futures Explored, Inc. has earned a Three-Year Accreditation.** The leadership team and staff are complimented and congratulated for this achievement. In order to maintain this accreditation, throughout the term of accreditation, the organization is required to:

- Submit annual reporting documents and other required information to CARF, as detailed in the Accreditation Policies and Procedures section in the standards manual.
- Maintain ongoing conformance to CARF's standards, satisfy all accreditation conditions, and comply with all accreditation policies and procedures, as they are published and made effective by CARF.



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# **Survey Details**

# **Survey Participants**

The survey of Futures Explored, Inc. was conducted by the following CARF surveyor(s):

- Mike Townsend, Administrative
- Jay Hayston, MBA, Program

CARF considers the involvement of persons served to be vital to the survey process. As part of the accreditation survey for all organizations, CARF surveyors interact with and conduct direct, confidential interviews with consenting current and former persons served in the program(s)/service(s) for which the organization is seeking accreditation. In addition, as applicable and available, interviews may be conducted with family members and/or representatives of the persons served such as guardians, advocates, or members of their support system.

Interviews are also conducted with individuals associated with the organization, as applicable, which may include:

- The organization's leadership, such as board members, executives, owners, and managers.
- Business unit resources, such as finance and human resources.
- Personnel who serve and directly interact with persons served in the program(s)/service(s) for which the organization is seeking accreditation.
- Other stakeholders, such as referral sources, payers, insurers, and fiscal intermediaries.
- Community constituents and governmental representatives.

# **Survey Activities**

Achieving CARF accreditation involves demonstrating conformance to the applicable CARF standards, evidenced through observable practices, verifiable results over time, and comprehensive supporting documentation. The survey of Futures Explored, Inc. and its program(s)/service(s) consisted of the following activities:

- Confidential interviews and direct interactions, as outlined in the previous section.
- Direct observation of the organization's operations and service delivery practices.
- Observation of the organization's location(s) where services are delivered.
- Review of organizational documents, which may include policies; plans; written procedures; promotional
  materials; governing documents, such as articles of incorporation and bylaws; financial statements; and other
  documents necessary to determine conformance to standards.
- Review of documents related to program/service design, delivery, outcomes, and improvement, such as
  program descriptions, records of services provided, documentation of reviews of program resources and
  services conducted, and program evaluations.
- Review of records of current and former persons served.



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# Program(s)/Service(s) Surveyed

The survey addressed by this report is specific to the following program(s)/service(s):

- Community Employment Services: Employment Supports
- Community Employment Services: Job Development
- Supported Education Services
- Governance Standards Applied

A list of the organization's accredited program(s)/service(s) by location is included at the end of this report.

# **Representations and Constraints**

The accreditation decision and survey findings contained in this report are based on an on-balance consideration of the information obtained by the surveyor(s) during the on-site survey. Any information that was unavailable, not presented, or outside the scope of the survey was not considered and, had it been considered, may have affected the contents of this report. If at any time CARF subsequently learns or has reason to believe that the organization did not participate in the accreditation process in good faith or that any information presented was not accurate, truthful, or complete, CARF may modify the accreditation decision, up to and including revocation of accreditation.

# **Survey Findings**

This report provides a summary of the organization's strengths and identifies the sections of the CARF standards that were applied on the survey and the findings in each area. In conjunction with its evaluation of conformance to the specific program/service standards, CARF assessed conformance to its business practice standards, referred to as Section 1. ASPIRE to Excellence, which are designed to support the delivery of the program(s)/service(s) within a sound business operating framework to promote long-term success.

The specific standards applied from each section vary based on a variety of factors, including, but not limited to, the scope(s) of the program(s)/service(s), population(s) served, location(s), methods of service delivery, and survey type. Information about the specific standards applied on each survey is included in the standards manual and other instructions that may be provided by CARF.

# **Areas of Strength**

CARF found that Futures Explored, Inc. demonstrated the following strengths:

- The executive director is experienced, knowledgeable, and dedicated to the advancement of persons with barriers to independence. He has developed the organization's capacity to provide high-quality services. The support staff indicates that he is accessible and regularly interacts with the clients. In addition, he fosters a very client-centered and collaborative environment.
- The executive director is a strong advocate for people with disabilities. He is a respected presence in Sacramento advocating, creating legislation, and serving on task forces. He is also a leader of the California Disabilities Services Association.



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- Futures' board members are dedicated to the mission. The directors bring a variety of important skill sets to the board. It is clear that the board and leadership have developed a relationship that provides ideal governance.
- Leadership and staff members are dedicated to the enhancement of the quality of life for the clients served. They have developed strong relationships with the clients and assist them in meeting their needs; this is evident in their day-to-day delivery of services and also from stakeholder feedback.
- Futures is praised for establishing and maintaining a culture where open communication is championed. The staff and clients report feeling well supported, listened to, and responded to by their colleagues, supervisors, and senior leadership.
- Futures has developed many processes designed to acquire input from the clients and other stakeholders. Evidence exists that the organization makes good use of the input received from its various constituents.
- Futures is dedicated to health and safety. Preparedness is at the forefront of these efforts. The organization recently added a full-time health and safety support specialist who supports Futures' safety program at all locations.
- Futures has a long history of hiring from within. Many staff members in leadership positions started their careers with Futures as direct care workers.
- It is evident that the rights of the clients are respected and protected by the staff members. A high level of dignity and respect is given to each and every person served. Confidentiality is highly maintained.
- The clients, family members, and referral sources express a high level of satisfaction with the organization's services, outcomes, and communication.
- Futures enjoys excellent relationships with its funders across a wide geographical area. Although the funders interviewed did not engage in formal, ordinal rankings of providers, multiple funders indicated that Futures is among the best overall providers of services they contract with.
- The services are provided and administered in environments that are attractive, well maintained, and welcoming.
- Futures offers many creative services that advance the independence of persons served. For example, the paid internship program allows the clients to show their worth even if they lack the experience. In addition, the Film and Media Workshop teaches the elements of film making; these clients produce videos and obtain jobs within the industry. The Consumer Action Committee, which interacts with the legislature, conducts town hall meetings, leading the way regarding self- and system advocacy.
- Futures is commended for its orientation to person-centered services in each of its programs. The staff commitment to identifying solutions that resonate with the clients, rather than accepting "a one-size-fits-most" approach, is clear in both direct service and business office roles.
- Futures is praised for its adaptability and orientation toward innovation, despite less than optimal economic environment factors. Multiple stakeholders, including the funders and clients, praise the flexibility and ingenuity of the organization's service delivery and approaches as funding resources and policy expectations evolve.
- Futures enjoys high satisfaction among the employer partners, a key element in vocational services. Multiple employer partners indicated their willingness to partner again and praised the ability of the job coaches to know the right time for and amount of support to provide at all times. The employment services deserve particular recognition in this area, given the wide variety of employer partners and environments.
- Futures' work in the Community College Transition Project is noteworthy for a holistic approach. The clients benefit from supports that consider a constellation of abilities and needs, indicating that the staff members help just as much with emotional support and confidence as they do with registration and requests to the college.



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# **Opportunities for Quality Improvement**

The CARF survey process identifies opportunities for continuous improvement, a core concept of "aspiring to excellence." This section of the report lists the sections of the CARF standards that were applied on the survey, including a description of the business practice area and/or the specific program(s)/service(s) surveyed and a summary of the key areas addressed in that section of the standards.

In this section of the report, a recommendation identifies any standard for which CARF determined that the organization did not meet the minimum requirements to demonstrate full conformance. All recommendations must be addressed in a QIP submitted to CARF.

In addition, consultation may be provided for areas of or specific standards where the surveyor(s) documented suggestions that the organization may consider to improve its business or service delivery practices. Note that consultation may be offered for areas of specific standards that do not have any recommendations. Such consultation does not indicate nonconformance to the standards; it is intended to offer ideas that the organization might find helpful in its ongoing quality improvement efforts. The organization is not required to address consultation.

When CARF surveyors visit an organization, their role is that of independent peer reviewers, and their goal is not only to gather and assess information to determine conformance to the standards, but also to engage in relevant and meaningful consultative dialogue. Not all consultation or suggestions discussed during the survey are noted in this report. The organization is encouraged to review any notes made during the survey and consider the consultation or suggestions that were discussed.

During the process of preparing for a CARF accreditation survey, an organization may conduct a detailed self-assessment and engage in deliberations and discussions within the organization as well as with external stakeholders as it considers ways to implement and use the standards to guide its quality improvement efforts. The organization is encouraged to review these discussions and deliberations as it considers ways to implement innovative changes and further advance its business and service delivery practices.

# Section 1. ASPIRE to Excellence®

# 1.A. Leadership

# **Description**

CARF-accredited organizations identify leadership that embraces the values of accountability and responsibility to the individual organization's stated mission. The leadership demonstrates corporate social responsibility.

# **Key Areas Addressed**

- Leadership structure and responsibilities
- Person-centered philosophy
- Organizational guidance
- Leadership accessibility
- Cultural competency and diversity
- Corporate responsibility
- Organizational fundraising, if applicable

# Recommendations

There are no recommendations in this area.



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# 1.B. Governance (Optional)

# **Description**

The governing board should provide effective and ethical governance leadership on behalf of its owners'/stakeholders' interest to ensure that the organization focuses on its purpose and outcomes for persons served, resulting in the organization's long-term success and stability. The board is responsible for ensuring that the organization is managed effectively, efficiently, and ethically by the organization's executive leadership through defined governance accountability mechanisms. These mechanisms include, but are not limited to, an adopted governance framework defined by written governance policies and demonstrated practices; active and timely review of organizational performance and that of the executive leadership; and the demarcation of duties between the board and executive leadership to ensure that organizational strategies, plans, decisions, and actions are delegated to the resource that would best advance the interests and performance of the organization over the long term and manage the organization's inherent risks. The board has additional responsibilities under the domain of public trust, and as such, it understands its corporate responsibility to the organization's employees, providers, suppliers, and the communities it serves.

# **Key Areas Addressed**

- Ethical, active, and accountable governance
- Board selection, orientation, development, leadership, structure, and performance
- Linkage between governance and executive leadership
- Board meetings and committee work
- Executive leadership development, evaluation, and compensation

### Recommendations

1.B.6.c.(1)

1.B.6.c.(2)

1.B.6.c.(3)

1.B.6.c.(4)

Governance policies addressing executive compensation should be expanded to include defined total compensation mix, up to and including, as warranted, base pay, incentive plans, benefit plans, and perquisites.

# 1.C. Strategic Planning

### **Description**

CARF-accredited organizations establish a foundation for success through strategic planning focused on taking advantage of strengths and opportunities and addressing weaknesses and threats.

# **Key Areas Addressed**

- Environmental considerations
- Strategic plan development, implementation, and periodic review

# Recommendations

There are no recommendations in this area.

### Consultation

When Futures develops a new strategic plan, it is encouraged to include very strategic ideas in a preamble to its plan. Examples could be the organization's position on growth in terms of new populations to serve, new referral sources, alternative services, and the location of services.



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# 1.D. Input from Persons Served and Other Stakeholders

# **Description**

CARF-accredited organizations continually focus on the expectations of the persons served and other stakeholders. The standards in this subsection direct the organization's focus to soliciting, collecting, analyzing, and using input from all stakeholders to create services that meet or exceed the expectations of the persons served, the community, and other stakeholders.

# **Key Areas Addressed**

- Collection of input
- Integration of input into business practices and planning

### Recommendations

There are no recommendations in this area.

# 1.E. Legal Requirements

# **Description**

CARF-accredited organizations comply with all legal and regulatory requirements.

# **Key Areas Addressed**

- Compliance with obligations
- Response to legal action
- Confidentiality and security of records

### Recommendations

There are no recommendations in this area.

# 1.F. Financial Planning and Management

# **Description**

CARF-accredited organizations strive to be financially responsible and solvent, conducting fiscal management in a manner that supports their mission, values, and performance objectives. Fiscal practices adhere to established accounting principles and business practices. Fiscal management covers daily operational cost management and incorporates plans for long-term solvency.

# **Key Areas Addressed**

- Budgets
- Review of financial results and relevant factors
- Fiscal policies and procedures
- Reviews of bills for services and fee structures, if applicable
- Safeguarding funds of persons served, if applicable
- Review/audit of financial statements

### Recommendations

There are no recommendations in this area.



### Consultation

California's funding streams continue to fluctuate and not always with a positive impact. The organization's
financial position has forced it to examine each service in terms of cost benefit. It is encouraged to monitor
these fluctuations in order to meet the established outcomes for the clients.

# 1.G. Risk Management

# **Description**

CARF-accredited organizations engage in a coordinated set of activities designed to control threats to their people, property, income, goodwill, and ability to accomplish goals.

# **Key Areas Addressed**

- Risk management plan implementation and periodic review
- Adequate insurance coverage
- Media relations and social media procedures
- Reviews of contract services

### Recommendations

1.G.1.a.(5)

1.G.1.a.(6)

The organization has implemented a risk management plan; however, it should be enhanced to include monitoring of actions to reduce risks and also reporting the results of actions taken to reduce risks.

# 1.H. Health and Safety

# **Description**

CARF-accredited organizations maintain healthy, safe, and clean environments that support quality services and minimize risk of harm to persons served, personnel, and other stakeholders.

# **Key Areas Addressed**

- Competency-based training on safety procedures and practices
- Emergency procedures
- Access to first aid and emergency information
- Critical incidents
- Infection control
- Health and safety inspections

### Recommendations

There are no recommendations in this area.

# 1.I. Workforce Development and Management

# Description

CARF-accredited organizations demonstrate that they value their human resources and focus on aligning and linking human resources processes, procedures, and initiatives with the strategic objectives of the organization. Organizational effectiveness depends on the organization's ability to develop and manage the knowledge, skills,



abilities, and behavioral expectations of its workforce. The organization describes its workforce, which is often composed of a diverse blend of human resources. Effective workforce development and management promote engagement and organizational sustainability and foster an environment that promotes the provision of services that center on enhancing the lives of persons served.

# **Key Areas Addressed**

- Composition of workforce
- Ongoing workforce planning
- Verification of background/credentials/fitness for duty
- Workforce engagement and development
- Performance appraisals
- Succession planning

### Recommendations

### 1.I.4.a.(2)(a)

Futures checks an applicant's eligibility for hire; however, it should implement written procedures that address verification of the credentials of all applicable workforce (including licensure, certification, registration, and education) with primary sources.

### 1.I.8.e.

The organization should implement written procedures for performance appraisal that address the timeframes/frequencies related to the performance appraisal process.

# 1.J. Technology

### Description

CARF-accredited organizations plan for the use of technology to support and advance effective and efficient service and business practices.

# **Key Areas Addressed**

- Technology and system plan implementation and periodic review
- Written procedures for the use of information and communication technologies (ICT) in service delivery, if applicable
- ICT instruction and training, if applicable
- Access to ICT information and assistance, if applicable
- Maintenance of ICT equipment, if applicable
- Emergency procedures that address unique aspects of service delivery via ICT, if applicable

### Recommendations

There are no recommendations in this area.

# 1.K. Rights of Persons Served

# **Description**

CARF-accredited organizations protect and promote the rights of all persons served. This commitment guides the delivery of services and ongoing interactions with the persons served.



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# **Key Areas Addressed**

- Policies that promote rights of persons served
- Communication of rights to persons served
- Formal complaints by persons served

### Recommendations

There are no recommendations in this area.

# 1.L. Accessibility

# **Description**

CARF-accredited organizations promote accessibility and the removal of barriers for the persons served and other stakeholders.

# **Key Areas Addressed**

- Assessment of accessibility needs and identification of barriers
- Accessibility plan implementation and periodic review
- Requests for reasonable accommodations

### Recommendations

There are no recommendations in this area.

# 1.M. Performance Measurement and Management

# Description

CARF-accredited organizations are committed to continually improving their organizations and service delivery to the persons served. Data are collected and analyzed, and information is used to manage and improve service delivery.

# **Key Areas Addressed**

- Data collection
- Establishment and measurement of performance indicators

### Recommendations

# 1.M.6.b.(3)

Futures currently measures the effectiveness of services, the efficiency of services, and satisfaction and other feedback from the persons served and other stakeholders for each of its programs seeking accreditation. It should also measure service access indicators for each program/service seeking accreditation.

1.M.7.a.

1.M.7.b.

1.M.7.c.

1.M.7.d.

For each service delivery performance indicator, the organization should determine to whom the indicator will be applied; the person(s) responsible for collecting the data; the source from which data will be collected; and a performance target based on an industry benchmark, based on the organization's performance history, or established by the organization or other stakeholder.



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### Consultation

• It is suggested that Futures compare more data and results over time to better identify patterns and trends.

# 1.N. Performance Improvement

# **Description**

The dynamic nature of continuous improvement in a CARF-accredited organization sets it apart from other organizations providing similar services. CARF-accredited organizations share and provide the persons served and other interested stakeholders with ongoing information about their actual performance as a business entity and their ability to achieve optimal outcomes for the persons served through their programs and services.

# **Key Areas Addressed**

- Analysis of performance indicators in relation to performance targets
- Use of performance analysis for quality improvement and organizational decision making
- Communication of performance information

### Recommendations

1.N.1.b.(2)(c)

1.N.1.b.(3)

1.N.1.c.(1)

1.N.1.c.(2)

1.N.1.c.(3)

Once the organization measures indicators of service access for each program/service seeking accreditation, the written performance analysis should analyze service access performance indicators in relation to performance targets. As it does with all other performance indicators and targets, the service access indicators and targets should include extenuating or influencing factors, identify areas needing performance improvement, result in an action plan to address the improvements needed to reach established or revised service access performance targets, and outline actions taken or changes made to improve service access performance.

# Section 2. Quality Individualized Services and Supports

### **Description**

For an organization to achieve quality services, the persons served are active participants in the planning, implementation, and ongoing review and revision of the services offered. The organization's commitment to quality and the involvement of the persons served spans the entire time that the persons served are involved with services. The service planning process is individualized, establishing goals and measurable objectives that incorporate the unique strengths, abilities, needs, and preferences of the persons served. Services are responsive to the expectations of persons served and their desired outcomes from services, and are relevant to their maximum participation in the environments of their choice.

# 2.A. Program/Service Structure

# **Description**

A fundamental responsibility of the organization is to provide a comprehensive program structure. The staffing is designed to maximize opportunities for the persons served to obtain and participate in the services provided.



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# **Key Areas Addressed**

- Services are person-centered and individualized
- Persons are given information about the organization's purposes and ability to address desired outcomes
- Documented scope of services shared with stakeholders
- Service delivery based on accepted field practices
- Communication for effective service delivery
- Entrance/exit/transition criteria

### Recommendations

There are no recommendations in this area.

### Consultation

- The organization is encouraged to incorporate a date of creation/update and date updated by element in the footer of the electronic/template version of its release of information.
- The organization may wish to clarify in the handbook for persons served which programs have any level of medication support. The current language indicates that medications are typically the responsibility of the client, but that "certain programs" have nursing. In the accredited programs, the practice of client responsibility is evident.

# 2.B. Individual-Centered Service Planning, Design, and Delivery

# **Description**

Improvement of the quality of an individual's services/supports requires a focus on the person and/or family served and their identified strengths, abilities, needs, and preferences. The organization's services are designed around the identified needs and desires of the persons served, are responsive to their expectations and desired outcomes from services, and are relevant to their maximum participation in the environments of their choice.

The person served participates in decision making, directing, and planning that affects his or her life. Efforts to include the person served in the direction or delivery of those services/supports are evident.

# **Key Areas Addressed**

- Services are person-centered and individualized
- Persons are given information about the organization's purposes and ability to address desired outcomes

### Recommendations

There are no recommendations in this area.

### Consultation

- The organization is encouraged to use both performance and stability criteria in measuring all goals in the individual service plans. Although the goals reviewed typically had measurable objectives, the performance and stability criteria were not always explicitly described in all plan documents.
- The organization is encouraged to clarify language in the client manual about the availability of case information following discharge, including at the time of discharge and upon request thereafter.



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# 2.D. Employment Services Principle Standards

# **Description**

An organization seeking CARF accreditation in the area of employment services provides individualized services and supports to achieve identified employment outcomes. The array of services and supports may include:

- Identification of employment opportunities and resources in the local job market.
- Development of viable work skills that match workforce needs within the geographic area.
- Development of realistic employment goals.
- Establishment of service plans to achieve employment outcomes.
- Identification of resources and supports to achieve and maintain employment.
- Coordination of and referral to employment-related services and supports.

The organization maintains its strategic positioning in the employment sector of the community by designing and continually improving its services based on input from the persons served and from employers in the local job market, and managing results of the organization's outcomes management system. The provision of quality employment services requires a continuous focus on the persons served and the personnel needs of employers in the organization's local job market.

Some examples of the quality results desired by the different stakeholders of these services and supports include:

- Individualized, appropriate accommodations.
- A flexible, interactive process that involves the person.
- Increased independence.
- Increased employment options.
- Timely services and reports.
- Persons served obtain and maintain employment consistent with their preferences, strengths, and needs.
- Person served obtains a job at minimum wage or higher and maintains appropriate benefits.
- Person served maintains the job.

### **Key Areas Addressed**

- Goals of the persons served
- Community resources available
- Personnel needs of local employers
- Economic trends in the local employment sector

### Recommendations

There are no recommendations in this area.

# 2.E. Community Services Principle Standards

# **Description**

An organization seeking CARF accreditation in the area of community services assists the persons and/or families served in obtaining access to the resources and services of their choice. The persons and/or families served are included in their communities to the degree they desire. This may be accomplished by direct service provision or linkages to existing opportunities and natural supports in the community.



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The organization obtains information from the persons and/or families served regarding resources and services they want or require that will meet their identified needs, and offers an array of services it arranges for or provides. The organization provides the persons and/or families served with information so that they may make informed choices and decisions.

The services and supports are changed as necessary to meet the identified needs of the persons and/or families served and other stakeholders. Service designs address identified individual, family, socioeconomic, and cultural needs.

Expected results from these services may include:

- Increased or maintained inclusion in meaningful community activities.
- Increased or maintained ability to perform activities of daily living.
- Increased self-direction, self-determination, and self-reliance.
- Increased self-esteem.

# **Key Areas Addressed**

- Access to community resources and services
- Enhanced quality of life
- Community inclusion
- Community participation

### Recommendations

There are no recommendations in this area.

# **Section 3. Employment Services**

### **Description**

An organization seeking CARF accreditation in the area of employment services assists the persons served through an individualized person-centered process to obtain access to the services, supports, and resources of their choice to achieve their desired outcomes. This may be accomplished by direct service provision, linkages to existing generic opportunities and natural supports in the community, or any combination of these. The persons served are included in their communities to the degree they desire.

The organization provides the persons served with information so that they may make informed choices and decisions. Although we use the phrase person served, this may also include family served, as appropriate to the service and the individual.

The services and supports are arranged and changed as necessary to meet the identified desires of the persons served. Service designs address identified individual, family, socioeconomic, and cultural preferences.

Depending on the program's scope of services, expected results from these services/supports may include:

- Increased inclusion in community activities.
- Increased self-direction, self-determination, and self-reliance
- Self-esteem.
- Community citizenship.
- Increased independence.
- Meaningful activities.



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- Increased employment options.
- Employment obtained and maintained.
- Competitive employment.
- Employment at or above minimum wage.
- Economic self-sufficiency.
- Employment with benefits.
- Career advancement.

# 3.G. Community Employment Services

# **Description**

Community employment services assist persons to obtain successful community employment opportunities that are responsive to their choices and preferences. Through a strengths-based approach the program provides person-directed services/supports to individuals to choose, achieve, and maintain employment in integrated community employment settings.

Work is a fundamental part of adult life. Individually tailored job development, training, and support recognize each person's employability and potential contribution to the labor market. Persons are supported as needed through an individualized person-centered model of services to choose and obtain a successful employment opportunity consistent with their preferences, keep the employment, and find new employment if necessary or for purposes of career advancement.

Such services may be described as individualized competitive employment, individual placements, contracted temporary personnel services, competitive employment, supported employment, transitional employment, mobile work crews, contracted work groups in the community, community-based SourceAmerica® contracts, and other business-based work groups in community-integrated designs. In Canada, employment in the form of bona fide volunteer placements is possible.

Individuals may be paid by community employers or by the organization. Employment is in the community.

Depending on the scope of the services provided, some examples of the quality outcomes desired by the different stakeholders of these services include:

- Persons obtain community employment.
- Persons obtain individualized competitive employment.
- Employment matches interests and desires of persons.
- Wages, benefits, and hours of employment achieved as desired.
- Average number of hours worked per week increases.
- Average number of hours worked per week meets the desires of the person served.
- Full-time employment with benefits.
- Transition-age youth move directly from their educational environment into community employment.
- Potential for upward mobility.
- Self-sufficiency.
- Integration.
- Responsive services.
- Safe working conditions.
- Cost-effective for placement achieved.
- Performance level achieved meets requirements of job or position.
- Increase in skills.
- Increase in productivity.
- Increase in hours worked.
- Increase in pay.



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- Employment retention.
- Increase in natural supports from coworkers.
- Persons served treated with respect.
- Minimize length of time for supports.
- Type and amount of staff interaction meets needs.
- Employer satisfaction.
- Responsiveness to customers.

Job Development (CES:JD): Successful job development concurrently uses assessment information about the strengths and interests of the person seeking employment to target the types of jobs available from potential employers in the local labor market. Typical job development activities include reviewing local employment opportunities and developing potential employers/customers through direct and indirect promotional strategies. Job development may include facilitating a hiring agreement between an employer and a person seeking employment. Some persons seeking employment may want assistance at only a basic, informational level, such as support for a self-directed job search.

Employment Supports (CES:ES): Employment support services promote successful training of a person to a new job, job adjustment, retention, and advancement. These services are based on the individual employee with a focus on achieving long-term retention of the person in the job. The level of employment support services is individualized to each employee and the complexity of the job.

Often supports are intensive for the initial orientation and training of an employee with the intent of leading to natural supports and/or reduced external job coaching. However, some persons may not require any employment supports at the job site; others may require intensive initial training with a quick decrease in supports, while some will be most successful when long-term supports are provided.

Supports can include assisting the employee with understanding the job culture, industry practices, and work behaviors expected by the employer. It may also include helping the employer and coworkers to understand the support strategies and accommodations needed by the worker.

Supports are a critical element of the long-term effectiveness of community employment. Support services address issues such as assistance in training a person to complete new tasks, changes in work schedule or work promotion, a decrease in productivity of the person served, adjusting to new supervisors, and managing changes in nonwork environments or other critical life activities that may affect work performance. Routine follow-up with the employer and the employee is crucial to continued job success.

# **Key Areas Addressed**

- Integrated employment choice
- Integrated employment obtainment
- Employment provided in regular business settings
- Integrated employment retention
- Provides career advancement resources

### Recommendations

There are no recommendations in this area.

### Consultation

■ The organization may wish to consider adding preference assessments to the active client record, particularly following the completion of the job development phase. The organization's current practice involves the client managing his/her portfolio of assessment and materials as a demonstration of job readiness. Although this may be valuable while the service is ongoing, adding copies of completed material to the permanent record could be a worthwhile practice to consider.



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# **Section 4. Community Services**

# **Description**

An organization seeking CARF accreditation in the area of community services assists the persons served through an individualized person-centered process to obtain access to the services, supports, and resources of their choice to achieve their desired outcomes. This may be accomplished by direct service provision, linkages to existing generic opportunities and natural supports in the community, or any combination of these. The persons served are included in their communities to the degree they desire.

The organization provides the persons served with information so that they may make informed choices and decisions. Although we use the phrase person served, this may also include family served, as appropriate to the service and the individual.

The services and supports are arranged and changed as necessary to meet the identified desires of the persons served. Service designs address identified individual, family, socioeconomic, and cultural preferences.

Depending on the program's scope of services, expected results from these services/supports may include:

- Increased inclusion in community activities.
- Increased or maintained ability to perform activities of daily living.
- Increased self-direction, self-determination, and self-reliance
- Self-esteem.
- Housing opportunities.
- Community citizenship.
- Increased independence.
- Meaningful activities.
- Increased employment options.

# 4.S. Supported Education Services (SE)

# **Description**

Supported education reflects the assumption that education is a community resource to which all should have access. Society today has a greater emphasis on lifelong learning and development for persons to maintain employment and career development. Often there are cycles of education and career transition and development that persons pass through during their lifetime. Sometimes persons have dropped out of high school before graduating and later seek to attain their GED or high school diploma. The supported education program provides resources that help persons to achieve their educational goals. It creates collaborations with other community partners to meet the needs of the persons served in various educational settings.

Supported education expresses the belief that individuals can attend classes, learn, and improve their options. Practices promote participation in education programs for all who express interest. Supported education occurs in the community in settings such as an academic campus, vocational/trade school, college, and other post-secondary educational settings, and may include online learning venues. It may even provide tutoring services to at-risk youth who may be likely to fall behind or drop out of school. The purpose of supported education is to provide supports to individuals who are enrolled or want to enroll in an education program to achieve their learning goals.

Supported education provides individualized services and supports. Supported education services address transitional or remedial academic needs, develop strategies for educational success, and secure resources and accommodations for students to access activities of post-secondary education as desired. Program staff work with students to create a foundation of skills and to secure supports necessary to achieve success.



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# **Key Areas Addressed**

- Supports enable participation in community education
- Individualized, flexible supports
- Person-centered planning to achieve educational goals
- Persons integrated into community educational environment
- Outreach promotes understanding of supported education services

# Recommendations

There are no recommendations in this area.



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# Program(s)/Service(s) by Location

# Futures Explored, Inc.

2380 Salvio Street, Suite 302 Concord, CA 94520

Administrative Location Only Governance Standards Applied

# **Futures Explored, Inc.**

3547 Wilkinson Lane Lafayette, CA 94549

Community Employment Services: Employment Supports Community Employment Services: Job Development Supported Education Services

# **Vocational Training and Employment**

2829 Watt Avenue, Suite 100 Sacramento, CA 95821

Community Employment Services: Employment Supports Community Employment Services: Job Development Supported Education Services



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