CONTRA COSTA
HEALTH SERVICES

PUBLIC HEALTH DIVISION

Developmental Disabilities Council

of Contra Costa County, Inc.

Resource Guide

Developmental Disabilities Council of Contra Costa County, Inc.
597 Center Avenue, Suite 200
Martinez, CA 94553
(925) 313-6836
www.cchealth.org/groups/ddc/

Latest Update:
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Agency:	**A Better Chance Industries** 4075 Lakeside Drive Richmond, CA 94806
Telephone: Fax:	(510) 758-0433 (510) 758-1040
Description:	Day Program: Community and site-based program focused on vocational, independent living skills, communication, functional academics and behavioral self-management. Urban Farm. Landscape, janitorial, van pool maintenance, and catering enclaves. School: A non-public school providing individualized education: academics, independent living skills, vocational skills and behavioral self-management. The school provides transportation. All designated instructional services provided by school.
Days/Hours:	Day Program: Monday-Friday, 8:00 a.m. – 5:00 p.m. (year round) School: Monday-Friday, 8:30 a.m. - 2:30 p.m. (Extended Summer Program)
Serving:	Day Program: Adults with developmental disabilities with behavior challenges, 18-59 years old. School: Students with developmental disabilities, 6-22 years old.

Agency:	**AASK (Adopt a Special Kid)** 8201 Edgewater Drive, Suite 103 Oakland, CA 94612
Telephone: Fax: Website:	(510) 553-1748 (510) 553-1747 www.aask.org
Description:	AASK is a private, non-profit, licensed adoption agency. Prospective adoptive parents are recruited, special needs training is provided, home studies are conducted, and placements of children supervised until they are legally permanent. Children placed through AASK may be older children or sibling groups and due to physical, developmental or emotional challenges, are considered “hard-to-place.”
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.
Serving:	Prospective adoptive parents.

AC Transit (Alameda-Contra Costa Transit)

Agency:	1600 Franklin Street Oakland, CA 94612
Telephone: Website:	(510) 891-4777 http://www.actransit.org/main.wu
Description:	Discounted fares for individuals with developmental disabilities.
Serving:	Alameda and Contra Costa Counties and transbay service to San Francisco.

Agency:	**Adult Protective Services** Contra Costa County Employment and Human Services 2530 Arnold Drive Martinez, CA 94553
Telephone: Website:	(925) 646-2854 or (877) 839-4347 www.co.contra-costa.ca.us
Description:	Provides casework services—counseling of victims and care providers. Providing information regarding services and resources available in the community or from other agencies, advocating for services when appropriate, and assisting clients in obtaining needed services.
Days/Hours:	Monday-Friday, 8:00 a.m. – 5:00 p.m. (24-hour toll free number)
Serving:	Contra Costa residents.

Agency:	**Ala Costa Center** 1300 Rose Street Berkeley, CA 94702
Telephone: Fax:	(510) 527-2550 (510) 527-4543
Description:	Program curriculum is designed to meet the individual needs of students, ages 5-22, who have multiple disabilities and who need specialized support after school due to behavior or unusual needs that require professional assistance. Curriculum includes training in critical skills related to success in community settings, socialization, self-help, independent living skills, functional math and reading, and vocational training. Ala Costa also provides support services to families, which include workshops, support groups, and assistance with basic advocacy issues.
Days/Hours:	Office: Monday-Friday, 12:00 noon – 6:00 p.m. Program: Monday-Friday, 2:00 p.m. – 6:00 p.m. (extended hours when school is out)

Serving: Children with disabilities, ages 5-21, who are enrolled in school and living in Alameda/Contra Costa Counties.

Agency: **Amen Clinic for Behavioral Medicine, Inc.**
350 Chadbourne Road
Fairfield, CA 94585

Satellite Office:
San Ramon

Telephone: (707) 429-7181
Fax: (707) 429-8210
Website: www.amenclinics.com

Description: The Amen Clinic is a private medical clinic specializing in innovative diagnosis and treatment for a wide variety of behavioral, learning and emotional problems, specializing in underachievement, school problems, attention deficit disorders, depression, obsessive/compulsive spectrum disorders, anxiety problems, anger management, marital conflicts and parent-child problems. Various diagnostic and treatment procedures are used depending on the individual's or family's need and circumstances. MindWorks Press, the clinic's publishing arm, provides educational materials on a wide variety of topics. Payment for services required at time of service.

Days/Hours: Monday-Thursday, 8:00 a.m. - 8:00 p.m. and Friday, 8:00 a.m. – 6:00 p.m.

Agency: **Anka Behavioral Health, Inc. (Formerly the Phoenix Programs)**
1850 Gateway Blvd., Suite 900
Concord, CA 94520

Telephone: (925) 825-4700 or (888) 426-5224
Fax: (925) 825-2610
Website: www.ankabhs.org

Description: Anka works with clients with severe mental or emotional disabilities. There are three Multi-Service Centers throughout Contra Costa County, located in San Pablo, Concord and Antioch. The Centers serve as a resource center and support system through group meetings two times per day that range in topics from mental health, substance abuse, anger management, and living skills. Laundry facilities, showers and lunches provided. Anka also provides residential services for children and adults who have developmental disabilities.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 4:30 p.m.
Program: Hours vary

Serving: Contra Costa County residents.

Agency:	**ARC Access – Contra Costa ARC** 4615 Clayton Road Concord, CA 94521
E-Mail: Website:	CMcCrary@ArcofCC.org www.contracostaarc.org
Description:	ARC Access provides a full spectrum of opportunities and choices for adults with severe developmental disabilities that are individually planned and consistent with best practices in the field for adults with severe disabilities. A mobile day program bringing enrichment to individuals at home and in the communities of Alameda and Contra Costa Counties. Individually designed activities for those whose needs cannot be met in a traditional day program.
Days/Hours:	Primary hours of operation: Monday-Friday, 9:00 a.m. – 3:00 p.m. Some flexibility in hours of operation based upon consumer driven choice of activities.
Serving:	Provide service to adults with severe developmental disabilities in the areas of independent living, socialization, recreation, education, community access and personal health.

Agency:	**The ARC of California** 1225 Eighth Street, Suite 350 Sacramento, CA 95814
Telephone: Fax: Website:	(916) 552-6619 (916) 441-3494 www.arccalifornia.org
Description:	Services people with mental and other developmental disabilities.
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.

Agency:	**ARC of Contra Costa** ***(See Contra Costa ARC)***

Agency:	**ARC Inroads - Contra Costa ARC**		
	3640-B Lone Tree Way Antioch, CA 94509	Telephone: Fax:	(925) 706-1405 (925) 706-1973
	4615 Clayton Rd. Concord, CA 94521	Telephone: Fax:	(925) 685-7190 (925) 685-4652

2801 Robert H Miller Dr.
Richmond, CA 94806

Telephone: (510) 222-8266
Fax: (510) 374-3893

Website: www.contracostaarc.com

Description: Community based services provided in carefully designed groups of three consumers with compatible interests and goals. Consumer driven activities developed within the person-centered planning process. Range of activities consistent with the program's operating philosophies that focus upon self-advocacy, the development of social and recreational skills and interests, mobility training and independent travel, job exploration and paid employment.

Days/Hours: Primary hours of operation: Monday–Friday, 9:00 a.m. – 3:00 p.m.
Some flexibility in hours of operation based upon consumer driven choice of activities.

Serving: Consumers must be at least 18 years of age and motivated to participate in community-based services. Participants will need the support and encouragement of family, friends and significant others. Consumers must be able to benefit from services provided with a 1:3 staffing ratio and their personal care needs must be such that their health and safety is assured within the 1:3 staffing ratio.

Agency: **Area Developmental Disabilities Board 5**
1515 Clay Street, Suite 300
Oakland, CA 94612

Telephone: (510) 286-0439
Fax: (510) 286-4397
E-Mail: ab5@5cdd.ca.gov

Description: A federally funded state agency whose function includes public information, advocacy, systems monitoring and coordination, resource development, and planning and program review. Responsible for Life Quality Project, which looks at the life quality of consumers who live in residential settings or receive independent or supported living services. Lending video/media library and advocacy training.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Persons with developmental disabilities and their families in Alameda, Contra Costa, Marin, San Francisco and San Mateo Counties.

Agency: **Asian Community Mental Health Services (ACMHS)**
310 - 8th Street, #201
Oakland, CA 94607

Telephone: (510) 451-6729 (Oakland)
(510) 374-6061 (Richmond Clinic)
Fax: (510) 268-0202
Website: www.acmhs.org

Description: Case management for children and adults with developmental disabilities. Support groups and services for parents that include mutual support, information-sharing, advocacy and education workshops; advice on parenting; and bilingual support groups in Cantonese, Japanese, Laotian, Korean, Filipino, Cambodian, Vietnamese and Mien. Interpreters available. Richmond provides psychiatric evaluation and medication. Medi-Cal and private insurance accepted.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Alameda and Contra Costa.

Agency: **Aspira Foster Family Services**
2615 Somersville Road
Antioch, CA 94509

Telephone: (925) 753 2156
Fax: (510) 835-8469
E-Mail: alma@mossbeachhomes.com
Website: www.aspiranet.org

Description: Wrap-around services to children ages 4 to 18 to include assessment, behavioral intervention, nursing consultation, respite, and counseling to enhance family dynamics. The ultimate goal is to maintain the child in the family home. Also, provides community inclusion opportunities, after school for children ages 5 to 22 living with their families. Referrals are made through RCEB case management.

Days/Hours: Monday–Friday, 8:00 a.m. – 5:00 p.m.

Serving: Alameda and Contra Costa Counties.

Agency: **AT Network**

Telephone: (800) 390-2699
TTY: (800) 900-0760
Website: www.atnet.org

Description: The At Network is a project of the California Department of Rehabilitation and coordinated by the Alliance of Technology Access. AT Network includes tools and strategies used by individuals with disabilities of all ages to accomplish tasks and achieve their goals. Products range from Velcro strips to voice recognition software to buttonhooks to modified vans.

Agency: **Autism Society of America**

Telephone (800) 328-8476
Website: www.autism-society.org

Description: Volunteer-run, nonprofit organization that offers networking and support, information and referral for parents and professionals who are involved with autism, PDD and Asperger's Syndrome.

Agency: **Avery Fuller Welch Children's Foundation**
500 Sutter Street, Room 401
San Francisco, CA 94102

Telephone: (415) 986-1687
Website: www.php.com

Description: The foundation awards grants to individual children with disabilities living in Alameda, Contra Costa, Marin, San Francisco and San Mateo counties only.

Days/Hours: Call and leave message

Serving: Alameda, Contra Costa, Marin, San Francisco and San Mateo Counties.

Agency: **Barbara Milliff Children's Center – We Care**
(See We Care)

Agency: **Bay Area Crisis Nursery**
1506 Mendocino Drive
Concord, CA 94521

Telephone: (925) 685-8052
Fax: (925) 689-5815
Website: www.bacn.jkmas.com

Description: Provides 24-hour residential care to children aged birth – 11 years of families in crisis. On-going support provided by respite program. Parent support group.

Days/Hours: Daily, 24 hours

Serving: Bay area families in crisis with children aged birth – 11 years.

Agency: **Bay Area Legal Aid**
1025 McDonald Ave.
Richmond, CA 94802

Telephone: Legal Assistance Lines - East: (925) 219-3325
West: (510) 250-5270

Website: www.baylegal.org

Description: Federally funded law office for civil legal problems for Contra Costa County residents who are of low-income involving housing, government benefits, health access and domestic violence. We provide legal advice, referrals and representation to low income people with the following issues:

- Housing: Eviction Defense; Housing Conditions; Fair Housing Discrimination; Lock outs; Utility Shut-offs; Loss of Section 8 benefits; Predatory Lending; and Foreclosure.
- Domestic Violence: Dissolutions, Legal Separation or Annulment; Restraining Orders; Child Custody and Visitation; Child and Spousal Support, and Immigration Relief for Domestic Violence survivors.
- Public Benefits: CalWORKs; Social Security Disability Benefits; SSI, Food Stamps; and General Assistance.
- Health Access: Medi-Cal and Denti-Cal; Medicare; Healthy Families Program; In-Home support Services; Paratransit Services; Mental Health Services; and HMO.

Days/Hours: Mondays and Thursdays, 9:30 a.m. – 3:00 p.m.
Tuesdays and Wednesdays, 9:30 a.m. – 1:00 p.m.

Serving: Residents of Contra Costa County who are of low-income.

Agency: **Bay Area Outreach and Recreation Program (BORP)**
600 Bancroft Way
Berkeley, CA 94710

Telephone: (510) 849-4663
Fax: (510) 849-4616
Website: www.borp.org

Description: BORP provides quality and innovative recreational, social and educational options for people with physical disabilities and visual impairments. BORP is a resource for information, technical assistance, program consultation, and advocacy. BORP facilitates self-initiated independent recreation, integrated programs and community leadership of people with disabilities.

Days/Hours: Office: Monday-Friday, 10:00 a.m. – 6:00 p.m.
Programs**:** Usually evenings and weekends

Serving: Persons with orthopedic impairment, visual impairment and other disabilities.

Agency: **Bay Area People First**
c/o Area Board 5
1515 Clay Street, Suite 300
Oakland, CA 94612

Telephone: (510) 286-0439
Fax: (510) 286-4397

Description: A self-advocacy group, which encourages people with developmental disabilities to learn to speak for themselves on, issues that affect their lives. There are several groups that meet on a regular basis. Call Area Board 5 for information on meetings and how to join.

Days/Hours: Group meeting times vary—usually on weekends

Serving: Bay Area communities.

Agency: **Bay Respite Care**
3272 Sonoma Blvd., Suite 4
Vallejo, CA 94590

Telephone: (707) 644-4491
Fax: (707) 644-1318
Website: www.bayrespitecare.org

Description: In-home respite or relief care to families who have an individual with developmental disabilities. Respite is available 24 hours daily.

Days/Hours: Office: Monday – Friday, 8:30 a.m. - 5:00 p.m.

Serving: Families with a family member with developmental disability.

Agency: **Blind Babies Foundation**
1814 Franklin Street, 11th Floor
Oakland, CA 94612

Telephone: (510) 446-2229
Fax: (510) 446-2262
E-Mail bbfinfo@blindbabies.org
Website: www.blindbabies.org

Description: Vision impairment specialists make home visits to parents of visually impaired children to support families in understanding and coping with the impact of visual impairment on growth and development. Parents and children

participate in play and hands-on learning experiences with the help of the counselors. Home counselors also accompany families to medical and educational assessments and train and consult other professionals.

Days/Hours: Office: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Infants and preschool children (0-5) who are blind, visually impaired, or multi-handicapped and visually impaired, and their families.

Agency: **Breast Health Access for Women with Disabilities (BHAWD)**
Alta Bates Summit Medical Center
2001 Dwight Way, 2nd Floor
Berkeley, CA 94704

Telephone: (510) 204-4866
TTY: (510) 204-4574
Fax: (510) 204-3176
Website: www.bhawd.org

Description: BHAWD provides access to breast health care for women with disabilities. BHAWD is a model of breast health services designed to meet the special needs of women with physical, vision and other disabilities.

Agency: **Bright Beginnings – Lynn Center**
Contra Costa Arc

Telephone: (925) 439-7516
Fax: (925) 439-8948

Description: Bright Beginnings helps children learn to communicate effectively and to build and establish relationships with others in preschool settings at the Lynn Center in Pittsburg and the George Miller Center in Richmond.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Children with significant communication and social delays and for those that may have a diagnosis of Autistic Spectrum Disorder.

Agency: **California Autism Foundation/A Better Chance**
4075 Lakeside Drive
Richmond, CA 94806

Telephone: (510) 758-0433
Fax: (510) 758-1040

Description: California Autism Foundation operates three Level 4 homes for adults and children who have severe behavioral challenges: A Better Chance II, Pinole;

A Better Chance II, El Sobrante; and A Better Chance V, Pinole Valley. CAF also operates A Better Chance Day Program and A Better Chance Industries, an integrated employment center.

Days/Hours: Monday-Friday, 8:30 a.m. - 3:00 p.m.

Serving: Individuals with severe behavioral challenges/Regional Center referral.

Agency: **California Children Services**
Contra Costa County Health Services Dept.
597 Center Avenue, Suite 110 Telephone: (925) 313-6100
Martinez, CA 94553 Fax: (925) 313-6115

Medical Therapy Units (MTU)

	Castro MTU	Mauzy MTU
	1435 Lawrence Street	2964 Miranda Avenue
	El Cerrito, CA 94530	Alamo, CA 94507
Telephone:	(510) 374-3909	(925) 646-6014
	Shadelands MTU	Turner MTU
	1860 Silverwood Drive	4207 Delta Fair Blvd.
	Concord, CA 94519	Antioch, CA 94509
Telephone:	(925) 646-5733	(925) 427-8522

Website: www.cchealth.org/services/ca_childrens_services

Description: California Children Services (CCS) is a statewide program that arranges and pays for medical care, equipment and rehabilitation for eligible children and youth. Services can be authorized for children and youth adults under 21 years of age who have eligible medical conditions (such as congenital heart disease, sickle cell anemia, cystic fibrosis, cleft palate, and HIV infection) and whose families are unable to pay for all or part of their care. CCS determines eligibility and selects the most qualified professionals to treat each child's CCS-eligible condition.

A child may be eligible for CCS if she or he meets all of the four following criteria:

1. Age - The child must be under 21 years of age.
2. Residence - The child must be a permanent California resident.
3. Family Income – The child's family income must meet one of the following criteria.
    - Be less than $40,000 per year (adjusted gross income as reported on California State income taxes) – OR
    - If greater than $40,000 a child may be eligible id medical care for the CCS-eligible condition is expected to cost more than 20% of the family's income.
    - EXCEPTION: Income is not a factor in determining eligibility for the medical therapy program. Eligibility for the medical therapy

program is based on medical condition and clinical findings.

4. Medical Conditions – Only certain conditions are eligible for CCS. See website for more information. In general, CCS covers medical conditions that are physically disabling or require medical, surgical, or rehabilitative services.
5. Even if a child has private insurance, she/he may still qualify for CCS.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: See above.

Agency: **California Department of Developmental Services**
1600 Ninth Street, Second Floor
Sacramento, CA 95814

Telephone: (916) 654-1897
Fax: (916) 654-2167
Website: www.dds.ca.gov

Description: The State Department of Developmental Services (DDS) is one of thirteen departments within the Health and Welfare Agency. DDS administers six Developmental Centers (formerly State Hospitals) and contracts with 21 Regional Centers throughout the state to provide services to the local communities. The entry point for Contra Costa County is the Regional Center of the East Bay.

Days/Hours: Monday-Friday, 8:00 a.m. - 5:00 p.m.

Serving: Individuals with developmental disabilities that include cerebral palsy, autism, epilepsy and neurological conditions similar to mental retardation.

Agency: **California Department of Education (OSE)**
1430 N. Street
Sacramento, CA 95814-5901

Telephone: (916) 319-0800
Website: www.cde.ca.gov

Agency: **California Department of Health Services**
714 P Street, Room 1492
Sacramento, CA 95814

Telephone: (916) 445-4171
Website: http://www.dhs.ca.gov/

Agency:	**California Department of Health Services/March of Dimes** **Birth Defects Monitoring Program** 1917 5th Street Berkeley, CA 94710
Telephone: Fax: Website:	(510) 549-4155 (510) 549-4175 www.cbdmp.org
Description:	The California Birth Defects Monitoring Program is a public health program devoted to finding causes of birth defects. The program maintains a birth defects registry of babies born with medically significant structural birth defects and conducts large interview studies to identify factors associated with birth defects. The program's registry and research findings are a resource for local public health officials, clinicians, parents, and policymakers. All materials are free. For more information visit the website.

Agency:	**California Department of Rehabilitation** 2000 Evergreen Street Sacramento, CA 95815	Fax:	(916) 263-7474
	District Office 1485 Enea Court, Suite 1100 Concord, CA 94520	Telephone: Fax:	(925) 602-3953 (925) 689-1797
	Branch Office 3656 Delta Fair Boulevard Antioch, CA 94509	Telephone: Fax:	(925) 754-7700 (925) 754-3297
	Branch Office 1003 W. Cutting Blvd., Suite 100 Richmond, CA 94804	Telephone: Fax:	(510) 232-7062 (510) 231-8727
Website:	www.rehab.ca.gov		
Description:	The Department of Rehabilitation provides services to help the eligible client become employable. It offers specific services to obtain competitive, supported employment for people with disabilities.		
Days/Hours:	Monday-Friday, 8:00 a.m. – 5:00 p.m.		
Serving:	People with disabilities.		

Agency:	**California Department of Social Services** **Community Care Licensing** 851 Traeger Avenue, Suite 360 San Bruno, CA 94066
Telephone: Fax: Website:	(650) 266-8800 (650) 266-8841 www.ccld.ca.gov
Description:	License and monitor residential and day programs for persons needing care and supervision.
Days/Hours:	Monday-Friday, 8:00 a.m. – 5:00 p.m.
Serving:	Bay Area residential and day programs.

Agency:	**California School for the Blind** 500 Walnut Avenue Fremont, CA 94536
Telephone: Fax: Website:	(510) 794-3800, ext. 3817 (510) 794-3813 www.csb-cde.ca.gov
Description:	The California School for the Blind provides intensive, disability specific educational services for enrolled students who are blind, visually impaired, deafblind, and visually impaired/multi-disabled, whose primary learning needs are related to their visual impairment. In partnership with students, families, other consumers, local educational agencies, professional and community resources, California School for the Blind prepares students to participate at their highest level of independence in their schools, workplaces and communities. The California School for the Blind, as a State Special School of the California Department of Education, is a stateside resource offering expertise in the low prevalence disabilities of visual impairment and deafblindness through innovative model programs, assessment, consultation and technical assistance, professional development, research and publications advocacy and outreach.
Days/Hours:	Office: Monday-Friday, 8:00 a.m. – 5:00 p.m.
Serving:	Persons with visual impairment including deaf/blind.

Agency:	**California School for the Deaf** 39350 Gallaudet Drive Fremont, CA 94538
Telephone: Fax: Website:	(510) 794-3666 (510) 794-2409 www.csdf.k12.ca.us
Description:	The mission of the California School for the Deaf is to provide comprehensive educational programs, which create a strong foundation for future learning among graduates in an accessible learning environment that recognizes Deaf students and adults as culturally and linguistically distinct. The school will ensure that students receive a quality education with emphasis on full communication access through fluency in both American Sign Language and English. This will enable students to reach their maximum potential while preparing them to function effectively in a diverse technologically evolving world. The school is residential.
Days/Hours:	Monday-Friday, 8:00 a.m. - 4:30 p.m.
Serving:	Children who are deaf and hearing impaired age birth to 21 years old. Also, may serve students who have learning and emotional disabilities who are deaf.

Agency:	**C.A.M.P., Inc.** 6677 Amador Plaza Road Dublin, CA 94568
Telephone: Fax:	(925) 560-0124, ext. 102 (925) 560-0125
Description:	Adult Development Day Program in the Dublin area offers a broad scope of services to adults with developmental disabilities.
Days/Hours:	Office: Monday-Friday, 8:00 a.m. - 3:30 p.m. Program: Monday-Friday, 9:00 a.m. - 3:00 p.m.
Serving:	Lower Alameda and Contra Costa Counties.

Agency:	**Camping Unlimited, Inc.** 4610 Whitesands Court El Sobrante, CA 94803
Telephone: Fax: Website:	(510) 222-6662 (510) 223-3046 www.campingunlimited.org

Description: Camping Unlimited's year-round activity programs and travel camps operate from September through May. Activities vary in length from day trips to trips up to 12 days. Children and adults of all ages and disabilities, along with volunteer counselors, attend activities such as camping and backpacking and trips to the snow country, the beach and state or community parks.

Summer programs at Camp Krem are also offered 20 minutes from the Santa Cruz Beach Boardwalk and 60 miles North of San Francisco. Campers with developmental disabilities such as Down Syndrome, Autism, ADHD, Cerebral Palsy and other physical or emotional differences can enjoy a wide variety of activities. Camp Krem offers six summer camps sessions with three unique types of programs. Camp Krem has ten rustic cabins, a multi-activity center / dining hall, an arts and crafts center, specially designed swimming pool, campfire arena, large playground, basketball and sports area, miles of nature trails and outdoor camp settings.

Days/Hours: Office: Monday-Friday, 10:00 a.m. – 5:00 p.m.

Serving: Ages 5 years and older, all disabilities.

Agency: **CARE Parent Network**
1340 Arnold Drive, Suite 115
Martinez, CA 94553

Telephone: (925) 313-0999 or (800) 281-3023
Fax: (925) 370-8651
E-Mail: CAREofARC@aol.com
Website: www.careparentwork.com

Description: CARE Parent Network is a one-stop family resource center serving families of children with disabilities. Provides support, information and resources especially designed to help families meet the unique challenges of parenting a child with special needs. Also assists parents of young adults who are transitioning out of school.

Staff is comprised of trained parents of children with special needs. CARE Parent Network assists families to identify resources and offers factual information and emotional support. They respect each family's values, belief system and priorities. Also serves as a resource to professionals who work with children with disabilities.

Days/Hours: Monday-Friday, 8:30 a.m. – 3:30 p.m.

Serving: Parents of infants, children & teens with disabilities residing in Contra Costa County.

Agency:	**Center for Accessible Technology (CforAT)** 2547 Eighth Street, 12-A Berkeley, CA 94710
Telephone: Fax: Website:	(510) 841-3224 (510) 841-7956 www.CforAt.org
Description:	The Center of Accessible Technology (CforAT) provides access to computers for people with disabilities. The mission of CforAT is for to make computers easier to use for everyone in order for children with disabilities to succeed in school, adults with disabilities to find and keep jobs, and all people with disabilities to be able to use the internet, email and benefit from the digital revolution. CforAT also provides business-consulting services to corporations, libraries and government entities. Provides assistance on creating accessible websites and have a test bank of users with disabilities to test products and services.
Days/Hours:	Monday-Friday, 9:00 a.m. – 4:00 p.m. (By appointment only)
Serving:	Individuals with disabilities (developmental, learning, physical).

Agency:	**Center for Adaptive Learning (CAL)** 3227 Clayton Road Concord, CA 94519-2862
Telephone: Fax: Website:	(925) 827-3863 (925) 827-4080 www.centerforadaptivelearning.org
Description:	The Center for Adaptive Learning is a residential training program for people over the age of 18 to build a life of independence and self-reliant living with developmental disabilities. Services provided are designed to meet emotional, social, vocational and functional needs working in three main domains--independent living (in apartments), social/emotional, job development and job placement. The Center also has an art and computer training department.
Days/Hours:	Office Hours: Monday-Friday, 9:00 a.m. - 5:00 p.m. Program Hours: Monday-Friday, 9:00 am. – 5:00 p.m. Night Staff Hours: 9:00 p.m. – 9:00 a.m.
Serving:	Those with global learning disability, neurological disability and category 5 or other (Lanterman Act) and 18 years old and up.

Agency:	**Center for CARE – Center for the Vulnerable Child** Children's Hospital Medical Center 747 – 52nd Street Oakland, CA 94609 Program Address 5275 Claremont Avenue Oakland, CA 94609
Telephone:	(510) 428-3783
Description:	Social work case management services for family; drug/alcohol treatment and recovery services for mother; comprehensive pediatric care including medical, emotional, developmental, and social assessments and services for infants who are affected by drug/alcohol; therapeutic infant/parent counseling services; outreach and training; emergency childcare supplies, transportation, on-site child care; and center-based and home visitation components. Vendorized by Regional Center, Medi-Cal, or third party for medical care and psychological assessments.
Days/Hours:	Monday-Friday, 8:30 a.m. – 5:00 p.m.
Serving:	Infants affected by drug/alcohol, and toddlers at risk of developmental disabilities and their families.

Agency:	**Center for Communicative Disorders** Speech, Hearing and Language Clinic California State University - Hayward 25800 Carlos Bee Blvd., MB1099 Hayward, CA 94542
Telephone: Fax: Website:	(510) 885-3241 (510) 885-2186 http://class.csueastbay.edu/commsci/abclinic.htm
Description:	Teaching institution training undergraduate and graduate (masters) level student clinicians. Operates a speech-language-hearing clinic wherein students receive practical experience working with a variety of clients with communication disorders. All evaluation and treatment is conducted by student clinicians, under the direct supervision of licensed, certified speech pathologists on staff by the University.
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.
Serving:	People from the community, age 3 to geriatric, with communication disorders and who come to our clinic from a variety of referrals.

Agency: **Center for Independent Living**
2539 Telegraph Avenue
Berkeley, CA 94704

Telephone: (510) 841-4776
Fax: (510) 841-6168
Website: www.cilberkeley.org

Description: The Center for Independent Living (CIL), the world's first organization of its kind, is a national leader in supporting disabled people in their efforts t lead independent lives. As an organization founded by people with disabilities, CIL understands the challenges faced by our consumers. CIL aims to achieve immediate and long-term solutions – be it assistance with finding housing or a job, equipping a home with assistive technologies, or enhancing independent living skills.

CIL uses two-tiered approach – address our consumers' complex needs and strive for social change in our communities. This work includes:

- Providing free services and referrals that guide people through systems such as the housing and employment markets as well as the Social Security bureaucracy.
- Advocating for policy changes to improve accessibility in public places and transportation.
- Mentoring youth who have disabilities.
- Offering fee-based, consultation services to train private employers in how to accommodate people with disabilities.
- Providing assistance to consumers in multiple languages by a multicultural staff.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: People with all types of disabilities.

Agency: **Cerebral Palsy Center for the Bay Area**
4500 Lincoln Avenue
Oakland, CA 94602

Telephone: (510) 531-3323
Fax: (510) 531-2990
Website: www.cpcoak.org

Description: The Cerebral Palsy Center has three major programs for adults with cerebral palsy and other developmental disabilities. The Work Activity Program teaches work skills while earning wages. The Adult Development Center provides individually tailored programs and support in learning self-help and communication skills, while increasing personal independence, academic,

mobility and computer skills. Community Involvement Towards Independence (CITI) is a fairly new program in which people explore and learn in the community; using public transportation, money management and developing work skills through volunteerism.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 5:00 p.m.
Program: Monday-Friday, 8:30 a.m. – 4:00 p.m.

Serving: Adults with Cerebral Palsy and other developmental disabilities.

Agency: **CH.A.D.D. National Headquarters**
499 NW 70th Avenue, Suite 101
Plantation, FL 33317

Telephone: National: (800) 233-4050; Chapter: (510) 291-2950
Fax: National: (301) 306-7090; Chapter: (510) 291-2950
Websites: http://www.chadd.org *(National)*
http://www.chaddnorcal.org *(Northern California)*

Description: CH.A.D.D. is a non-profit organization providing education, advocacy and support for individuals with Attention Deficit Disorders. At the Chapter level CH.A.D.D. provides lectures by professionals for adults and parents, adult and parent support groups, book sales, newsletter, professional referrals, parent and adult mentors. National CH.A.D.D. provides Attention Magazine, CHADDer Box Newsletter, CH.A.D.D. Website and yearly national conference.

Days/Hours: Call above number for meeting, workshop, support group dates and times

Serving: CH.A.D.D. serves those with Attention Deficit concerns. The organization has 635 chapters and 35,000 members.

Agency: **Child Abuse Prevention Council of Contra Costa County, Inc.**
1410 Danzig Plaza, Suite 110
Concord, CA 94520

Telephone: (925) 798-0546
Fax: (925) 798-0756
Website: http://www.capc-coco.org

Description: Works to prevent child abuse in Contra Costa County through coordination of services, information sharing, public education and advocacy. Programs include the Community Education Program with speakers available for presentations on child abuse prevention; Surviving Parenthood, a resource directory; Newborn Connections, an in-home, post partum support program; The Baby Bag Project and the Parenting Kits, with information for new parents; as well as referral services, legislative advocacy, and coordination of public and private agencies involved in the prevention, intervention and treatment of child abuse.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Contra Costa County residents.

Agency: **Child Development Center (CDC)**
Children's Hospital Medical Center
747 – 52nd Street
Oakland, CA 94609

Program Address
5220 Claremont Avenue
Oakland, CA 94609

Telephone: (510) 428-3351
Fax: (510) 601-3912

Description: Provides multi-disciplinary assessments for infants and children with developmental disabilities where there is suspicion of slow or unusual development or school problems. Counsels parents around medical, behavioral and family issues raised by the disability and assists in obtaining appropriate treatment/educational services.

Note: This program has been severely reduced due to the funding reductions in the 2007/2008 California state budget.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Children with autism, cerebral palsy, mental retardation, neurological handicap, PKU, ADHD, genetically based disorders, prematurity, prenatal exposure to drugs, fetal alcohol syndrome, and learning disabilities.

Agency: **Child Health and Disability Prevention Program (CHDP)**
Contra Costa County Health Services Department
597 Center Avenue, Suite 280
Martinez, CA 94553

Telephone: (925) 313-6150
Fax: (925) 313-6160
Website: http://www.cchealth.org/services/child_health/

Description: CHDP is a preventive health program working to make health care available to all children who are uninsured or under-insured. CHDP works with families to:

- Obtain regular preventive health assessments for infants, children and adolescents
- Coordinate follow-up of identified health problems and
- Refer those with suspected health problems for necessary diagnosis and treatment

- Help children find medical and dental homes for their health care

Children and youth who:

- Do not have medical insurance
- Are under 19 years of age
- Live in California
- Have family incomes at or below 200% of federal income guidelines

Children already enrolled in Healthy Families and/or full-scope Medi-Cal are not eligible for the Gateway. If your child is not eligible for Medi-Cal or Healthy Families, he/she may continue to get well-child exams at no cost through the CHDP Program.

Days/Hours: Monday-Friday, 8:30 a.m. – 5:00 p.m.

Serving: Contra Costa residents who are not insured or who are under-insured and meet "Gateway".

Agency: **Child Protective Services**
Contra Costa County Employment and Human Services
2530 Arnold Drive, Suite 200
Martinez, CA 94553

Telephone: (925) 646-1680
Fax: (925) 646-1698
Website: www.ehsd.org

Description: Children's Protective Services Emergency Response provides 24-hour, 365-day response to allegations of child abuse. Persons needing to report abuse and neglect incidents or situations should call the centralized screening unit (phone number listed above) where a social worker can make a determination on what course of action to take.

Days/Hours: Every day, 24-hours

Serving: Contra Costa County residents.

Agency: **Children's Hospital Medical Center**

See

- ***Center for CARE – Center for the Vulnerable Child***
- ***Child Development Center (CDC)***
- ***Parent-Infant Program (PIP)***

Agency: **Clients' Rights Advocacy**
(See Office of Clients' Rights Advocacy)

Agency: **Cole Vocational Services**
1937 San Pablo Avenue 2352 Buchanan Road

	Pinole, CA 94564	Antioch, CA 94509
Telephone:	(510) 724-7190	(925) 756-7600
Fax:	(510) 724-4201	(925) 755-3501

Description: An adult day program for people with developmental disabilities. This center-based program takes a holistic approach and looks at each person's life goals. They offer classroom training for job development, self-advocacy, life skills assistance, positive behavioral support and social and recreational services.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 4:00 p.m.
Program: Monday-Friday, 8:00 a.m. – 2:00 p.m.

Serving: Contra Costa County.

Agency: **Commercial Support Services (CSS)**
Contra Costa ARC

2505 West Tenth Street Antioch, CA 94509	Telephone: Fax:	(925) 755-4925 (925) 755-4915
185 Mason Circle, Suite F Concord, CA 94520	Telephone: Fax:	(925) 825-5665 (925) 825-0942
1420 Regatta Blvd. Richmond, CA 94804	Telephone: Fax:	(510) 233-7303 (510) 233-2435

Website: www.contracostaarc.com/html/css.html

Description: CSS is a division of Contra Costa ARC and assists individuals with developmental disabilities to achieve their highest level of independence and self-sufficiency in the community. This is accomplished through advocacy at personal, local, state and national levels and through direct services designed to meet the individual needs of citizens with developmental disabilities. Among the options available are: situation assessments, mobility training and job placement. Jobs include community-supported employment for individuals or groups and paid work experience and training at our production center.

Days/Hours: Monday-Friday, 9:00 a.m. – 3:00 p.m.

Serving: Adults with developmental disabilities who are clients of RCEB.

Agency:	**Community Access Programs (CAP)** **Contra Costa ARC**

CAP-Antioch
3640–B Lone Tree Way — Telephone: (925) 706-1921
Antioch, CA 94509 — Fax: (925) 706-1973

CAP-Concord
4615 Clayton Road — Telephone: (925) 685-9742
Concord, CA 94521 — Fax: (925) 685-4652

CAP-Hilltop
2801 Robert H. Miller Drive — Telephone: (510) 222-8266
Richmond, CA 94806 — Fax: (510) 374-3893

Website: www.contracostaarc.com/html/cap.html

Description: These programs, operated by Contra Costa ARC, are day programs that serve adults with severe developmental disabilities. The goal of these programs is to assist individuals to live, work, and play in the community as independently as possible. Training is offered in the areas of domestic skills, recreational skills, vocational skills and community awareness. The Community Access Programs serve individuals who may have personal care needs (require assistance in the restroom, with eating, or other basic needs). Individuals must not be a danger to themselves or others.

Days/Hours: Monday-Friday, 9:00 a.m. – 3:00 p.m.

Serving: Adults with developmental disabilities, 22 years or older, and clients of RCEB.

Agency: **Community Assistance for the Retarded and Handicapped, Inc. (CARH)**
20513-17 Alameda Street
Castro Valley, CA 94546

Telephone: (510) 537-6611
Website: www.carh-inc.org/html/services.html

Description: CARH assists individuals with a specific diagnosis of mental retardation through a Grant Program that can help individuals with needs ranging from specialized equipment to campership funds.

Days/Hours: Monday-Thursday, 8:00 a.m. to 4:00 p.m., Friday, 8:00 a.m. to 11:30 a.m.

Serving: Individuals with special needs living in Alameda, Contra Costa and San Joaquin Counties.

Agency: **Community Care Licensing**
(See California Department of Social Services)

Agency:	**Community Integrated Support Services (CISS)** 1600 'A' Street Antioch, CA 94509
Telephone: Fax: Website:	(925) 777-0696 (925) 777-0693 www.cissinc.org
Description:	CISS Day Program provides behavioral support services. The program provides a critical step between a behavioral day program and other work or activity programs. Clinical and administrative teams provide positive and systematic programming for consumers in education classes and therapy programs and community based work and activity programs. Particular emphasis is on supporting and teaching consumers to make their own choices in participating in these broad opportunities. Referrals are through RCEB case management.
Serving:	Eastern Contra Costa County.

Agency:	**Community Integrated Work Program (C.I.W.P)**	
	West Contra Costa County 5327 Jacuzzi, Suite 1A Richmond, CA 94804	East Contra Costa County 1101 Buchanan Road Antioch, CA 94509
Telephone: Fax:	(510) 528-2287 (510) 528-7765	(925) 778-2905 (925) 778-8529
Description:	C.I.W.P. provides an Adult Day Program for adults with developmental disabilities. Community based programming providing training in social interpersonal skills, community integration, vocational, and self-advocacy. The program has a behavioral component providing consultation and assessment. C.I.W.P. is specially designed to service participants with extreme behavioral and developmental challenges, including people with ambulatory issues. Individuals with autism, dual diagnoses, and those who cannot be accommodated in more traditional settings find successful participation in the program.	
Days/Hours:	Richmond: Monday-Friday, 7:00 a.m. - 4:00 p.m. Antioch: Monday-Friday, 7:30 a.m. - 3:30 p.m.	
Serving:	Contra Costa and Alameda County residents who are Regional Center clients.	

Agency: **COMPASS Agency**
(Care Options Management Plan and Supported Services)
11875 Dublin Blvd., Suite A 100
Dublin, CA 94568

Telephone: (925) 551-3227
Fax: (925) 551-3228
Website: www.compasscares.com

Description: This supported living program is not licensed; so there is freedom to be creative in how individual needs can be supported in order to live independently. Each program is set up to meet the unique needs of the consumer. The amount and kind of support needed varies between consumers. The program works to build natural supports so the professionals involved may be able to fade out over time.

Days/hours: Office: Monday-Friday, 9:00 a.m. – 4:00 p.m. (or later by appointment)

Serving: RCEB clients and other persons needing in-home care.

Agency: **Concord House**
East Bay Services to the Developmentally Disabled
2301 Mt. Diablo Street
Concord, CA 94520

Telephone: (925) 825-4423

Description: Residential setting and three satellite homes comprise the program. Independent living skills program is offered in a residential setting. Residents experience more self-direction, gain self-confidence and accept responsibility as they move through the program.

Days/Hours: Residential

Serving: Contra Costa and Alameda County residents, ambulatory and 18 years of age and over, who are Regional Center clients.

Agency: **Concord Leisure Services**
1950 Parkside Drive, MS11
Concord, CA 94519

Description: Both ongoing programs and specialty classes serving teens and adults with developmental disabilities.

Days/Hours: Office: Monday-Friday 8:00 a.m. – 4:30 p.m.
Programs and Classes: Times vary

Serving: Teens and adults.

Agency: **Concord Residential Club**
East Bay Services to the Developmentally Disabled
2141 California Street
Concord, CA 94520

Telephone: (925) 689-4939
Fax: (925) 825-2439

Description: Nineteen, one-bedroom apartments where residents receive moderate/minimal support through ILS agencies.

Days/Hours: Office: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Adults with developmental disabilities, 21 years or older.

Agency: **Contra Costa ARC**
1340 Arnold Drive, Suite 127
Martinez, CA 94553

Telephone: (925) 370-1818
Fax: (925) 370-2048
Website: www.ContraCostaARC.com

Description: Contra Costa ARC offers a wide spectrum of services to children and adults with mental retardation and developmental disabilities and their families through ARC Inroads, Commercial Support Services, Community Access Programs, The Lynn Day Treatment Center, and CARE Parent Network. Programs focus on employment services, preschool and early intervention for children and their families, personal and social adjustment services and information and resource needs. For additional information see individual listings.

Days/Hours: Monday-Friday, 8:30 a.m. - 4:30 p.m.

Serving: Children and adults with developmental disabilities.

Agency: **Contra Costa Child Care Council**

Central County Area Office
1035 Detroit Avenue, Suite 200 Telephone: (925) 676-KIDS
Concord, CA 94518 Fax: (925) 676-6283

East County Area Office
3104 Delta Fair Blvd. Telephone: (925) 778-KIDS

	Antioch, CA 94509	Fax:	(925) 778-3350
	West County Area Office		
	3065 Richmond Pkwy., Suite 112	Telephone:	(510) 758-KIDS
	Richmond, CA 94805	Fax:	(510) 233-3713

Website: www.cocokids.org/

Description: The Contra Costa Child Care Council is a non-profit agency assisting parents with finding available, affordable, quality childcare within Contra Costa County. An array of services are offered to the childcare community such as child care referrals, child care subsidies, consultation and resources, classes, recruitment, child health and nutrition programs, public education and advocacy efforts, and employer services. Offers resources and services for families of children with special needs. These include the Inclusion Lending Library and the services of Inclusion Facilitators. Services are fee and available in Spanish and Farsi.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Anyone who utilizes childcare services within Contra Costa County.

Agency: **Contra Costa Community College District Disabled Students Programs/Services**

500 Court Street	Telephone:	(925) 229-1000
Martinez, CA 94553	Fax:	(925) 370-6517
Contra Costa Community College		
2600 Mission Bell Drive	Telephone:	(510) 235-7800 x7220
San Pablo, CA 94806	Fax:	(510) 236-6768
Diablo Valley College		
321 Golf Club Road	Telephone:	(925) 685-1230 x2546
Pleasant Hill, CA 94523	Fax:	(925) 687-1829
DVC Satellite		
Center for Higher Education		
3150 Crow Canyon Place	Telephone:	(925) 866-1822
San Ramon, CA 94583	Fax:	(925) 866-8090
Los Medanos College		
2700 E. Leland Road	Telephone:	(925) 439-2181
Pittsburg, CA 94565	Fax:	(925) 473-1350

Website: www.contracosta.cc.ca.us

Description: The Disabled Students Programs and Services (DSP&S) provide specialized assistance and resources to individuals with learning disabilities, visual and

hearing impairments, acquired brain injuries and other physical disabilities. Services include specialized instruction designed for students with learning disabilities; counseling and advising; on-campus transportation; mobility assistance; adaptive equipment; coordination of note takers, readers and sign language interpreters; availability of DSPS job placement staff; community resources; adaptive computer technology; and adaptive physical education.

Days/Hours: Monday-Friday, 9:00 a.m. – 4:00 p.m.

Serving: Students with disabilities.

Agency: **Contra Costa County Office of Education**
77 Santa Barbara Road
Pleasant Hill, CA 94523

Telephone: (925) 942-3388

Description: Provides special education and other related services to students.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Contra Costa County students.

Agency: **Contra Costa Crisis Center**
P.O. Box 3364
Walnut Creek, CA 91788

24-HOUR CRISIS LINE: 1-800-833-2900
24-HOUR GRIEF LINE: 1-800-837-1818
24-HOUR YOUTH LINE: 1-800-718-4357
24-HOUR HOMELESS HOTLINE: 1-800-808-6444

Telephone: (925) 939-1916 (Office)
Fax: (925) 939-1933
Website: www.crisis-center.org

Description: Toll-free, 24-hour crisis lines for people in distress. Referrals to agencies and programs, as appropriate. Also conducts full range of services for the homeless. Offers information about community resources while administering a data bank for such in Contra Costa County.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 5:00 p.m.
Crisis Lines: 24 hours, 365 day/year

Serving: Contra Costa County.

Agency: **Contra Costa Day Activity Center**
(See Walnut Creek Day Activity Center)

Agency: **Contra Costa Regional Medical Center and Contra Costa Health Centers**
Contra Costa County Health Services Department
2500 Alhambra Avenue
Martinez, CA 94553

Telephone: Information: (925) 370-5000 TTY: (925) 646-4303
Appointments: (800) 495-8885 Fax: (925) 370-5138
Website: http://www.cchealth.org/medical_center/

For All Health Centers
Telephone: Information: (877) 905-4545 Appointments: (800) 495-8885
Website: http://www.cchealth.org/services/health_centers.php

Antioch Health Center
3505 Lone Tree Way
Antioch, CA 94509

Bay Point Family Health Center
215 Pacifica Avenue
Bay Point, CA 94565

Brentwood Health Center
118 Oak Street
Brentwood, CA 94513

Concord Health Center
3052 Willow Pass Road
Concord, CA 94519

Martinez Family Practice Center and
Martinez Specialty Center
2500 Alhambra Avenue
Martinez, CA 94553

Pittsburg Health Center*
2311 Loveridge Road
Pittsburg, CA 94565

Richmond Health Center
100 – 38th Street
Richmond, CA 94804

North Richmond Center for Health
1501 Third Street
Richmond, CA 94801

Description: Contra Costa Regional Medical Center and Contra Costa Health Centers are the cornerstone of a comprehensive, integrated public health care system that emphasizes prevention-oriented, primary care services. The hospital is part of a continuum of health services to county residents that includes medical and prevention services, as well as environmental and public health services that protect the well-being of the entire community.

Days/Hours: Regional Medical Center - 24 hours daily
Health Centers - Monday-Saturday, 8:00 a.m. – 5:00 p.m. (some evening hours)

Agency: **Contra Costa SELPA**
2520 Stanwell Drive, Suite 270
Concord, CA 94520

Telephone: (925) 827-0949
Fax: (925) 825-1124

Website: www.cccoe.k12.ca.us/selpa/ccselpa.htm

Description: SELPA stands for "Special Education Local Plan Area". SELPAs provide regional coordination of special education and assure compliance with state and federal laws. All school districts and county offices of education are required by law to join together to form geographical regions that are large enough to assure that appropriate special education services are available to meet the needs of children within the region. Smaller school districts are often unable, on their own, to provide the range of special education services necessary to meet the needs of their students so they join together in multi-district SELPAS in order to meet the needs of students within the region. Contra Costa SELPA is a multi-district SELPA that includes these school districts in Contra Costa County: Acalanes, Antioch, Brentwood, Byron, Canyon, John Swett, Knightsen, Lafayette, Liberty, Martinez, Moraga, Oakley, Orinda, Pittsburg and Walnut Creek school districts as well as the County Office of Education.

The California Department of Education oversees all SELPAs. The responsibility of SELPAs is to assure that (1) there is a continuum of appropriate programs and services available to meet the needs of students within their boundaries and (2) there is compliance with all applicable laws and protection of due process rights for students and their parents. SELPAs provide training opportunities for school district staff and parents and technical resources and consultation to help meet the needs of students, maintain interagency agreements through multi-agency collaboratives, and SELPAs receive and distribute state and federal funds for special education.

Days/Hours: Monday-Friday, 7:30 a.m. - 4:00 p.m.

Serving: All Contra Costa County school districts and County Office of Education, with the exception of Mt. Diablo, San Ramon and West Contra Costa school districts.

Agency: **County Connection**
220 Ygnacio Valley Road
Walnut Creek, CA 94596

Description: Free midday (10 a.m. – 2 p.m.) fares and discounted fares on fixed-route bus service with Regional Transit Connection Discount Card. The photo identification card allows riders access to fixed-route public transit systems throughout the Bay Area. Call for eligibility requirements and application. Take completed form to County Connection at Walnut Creek BART station. One-time $3 fee for three-year card.

Days/Hours: Monday-Friday, 7:00 a.m. – 5:00 p.m.

Serving: Central Contra Costa County with connections to East and West County.

Agency:	**Creative Growth** 355 - 24th Street Oakland, CA 94612
Telephone: Fax: Website:	(510) 836-2340 (510) 836-0769 www.creativegrowth.org
Description:	Creative Growth Art Center provides creative art programs, educational and independent living training, counseling and vocational opportunities for adults who have physical, mental and emotional disabilities.
Days/Hours:	Monday-Friday, 9:30 a.m. - 3:30 p.m.
Serving:	People with physical, mental and emotional disabilities from Alameda, San Francisco, and Contra Costa Counties.

Agency:	**The Dale Law Firm** 1670 Riviera Avenue, Suite 101 Walnut Creek, CA 94596
Telephone: Fax: Website:	(925) 280-0172 (925) 280-0177 www.achievingindependence.com
Description:	The Dale Law Firm specializes exclusively in trusts, estate planning and probate. A large part of the practice involves counseling families with children who have disabilities in their unique needs. They establish specialized plans for these families to meet their unique goals and objectives.
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.

Agency:	**Danville Gardens Learning Center Child Care** P.O. Box 2696 Danville, CA 94526
Telephone: Fax: E-mail	(925) 552-0262 or (925) 548-1272 (925) 552-0262 elbyagapeangel99@yahoo.com
Description:	Program director is a master teacher in special needs. Services are provided to pre-school children with or without special needs. Offers an inclusion program and serves Regional Center clients. Enrichment program includes arts, music, culinary arts, reading, story time, gross motor activities and many more fun activities.
Days/Hours:	Seven days a week; AM/PM

Serving: Bay Area

Agency: **Deaf Counseling, Advocacy and Referral Agency (DCARA)**
14895 E. 14th Street, Suite 200
San Leandro, CA 94578-2922

Telephone: (510) 483-0753 California Relay Service: (800) 735-2922
Fax: (510) 465-7107

Description: "DCARA's mission is to promote self-determination, independence and celebration of American Sign Language among a diverse Deaf community, regardless of their communication background, through its services and programs."

In order to accomplish this, DCARA provides its clients and communities with the resources; access and counseling services they need to make independent decisions in a variety of situations. In addition, DCARA provides the hearing community with information about the Deaf community and working and living with persons who are Deaf, Deaf-blind, Deafened and hard of hearing, as well as collaborating with other agencies to ensure that their services are more accessible to population that DCARA serves.

Days/Hours: Monday-Friday, 8:00 a.m. – 4:00 p.m.
(closed 12:00 to 1:00)

Serving: Deaf and hard of hearing.

Agency: **Developmental Disabilities Council of Contra Costa County**
Contra Costa County Health Services Department
597 Center Avenue, Suite 200
Martinez, CA 94553

Telephone: (925) 313-6836
Fax: (925) 313-6721
Website: www.cchealth.org/groups/ddc

Description: The Developmental Disabilities Council is an organization composed of people with developmental disabilities, parents, professionals, and members of the general public. The Council engages in a wide variety of activities designed to improve services to individuals with developmental disabilities, and to provide assistance and support to their families. It provides information and referral, technical assistance, and advocacy for individuals with developmental disabilities, their families, and those who provide services to them. It also holds monthly meetings that address topics of general interest and concern to the field as well as publishing a monthly list of announcements of interest to our constituency.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Persons with developmental disabilities and their families in Contra Costa County.

Agency: **Diagnostic Center, Northern California**
39100 Gallaudet Drive
Fremont, CA 94538

Telephone: (510) 794-2500
Fax: (510) 794-2513
Website: ww.dcn-cde.ca.gov

Description: The Diagnostic Center, Northern California is one of three regional assessment/training centers operated through the State Special Schools and Services Division of the California Department of Education. It provides a continuum of specialized services and assistance to special education students, their families and Local Educational Agencies (LEA). Comprehensive, in-depth assessments are provided to special education students ages 2.9 through 22 years. These services are provided at no charge to LEA's or families within the Diagnostic Center's service area.

The Diagnostic Center offers a detailed information packet describing its services. For more information or to discuss the possibility of a special referral, please contact the Center.

Days/Hours: Monday-Friday, 7:30 a.m. – 4:00 p.m.

Serving: Students who receive special education, their families and local educational agencies.

Agency: **Dial-A-Ride – WestCAT**
601 Water Avenue
Pinole, CA 94553

Telephone: Information: (510) 724-7993 Cancellations: (510) 724-4466
Reservations: (510) 724-7433 TTY: (800) 735-2922
Website: www.westcat.org

Description: Provides curb-to-curb transportation for people with disabilities in Crockett, Hercules, Pinole, Port Costa, Rodeo and Tara Hills. Service available weekdays, 6:00 a.m. – 8:00 p.m.; Saturday, 9:00 a.m. – 7:00 p.m. Fare for the disabled is 60¢; reservations should be made two days advance. Transportation to medical appointments in Richmond and San Pablo available.

Days/Hours: Monday–Friday, 6:00 a.m. – 8:00 p.m.
Saturday, 9:00 a.m. – 7:00 p.m.

Serving: People with disabilities and senior citizens in areas listed above.

Agency: **Disability Rights Education Defense Fund (DREDF)**
2212 Sixth Street
Berkeley, CA 94710

Telephone: (510) 644-2555
(800) 348-4232 (v/tty)
Fax: (510) 841-8645
Website: www.dredf.org

Description: The Disability Rights Education and Defense Fund (DREDF) is a national law and policy center dedicated to furthering the civil rights of people with disabilities. DREDF provides:

- Technical assistance, information and referrals on disability rights laws and policies via the U.S. Department of Justice National ADA Information Hotline, which provides information on Titles II and II of the ADA;
- Legal representation to adults and children with disabilities in cases involving their rights to employment, education, transportation, housing and access to public accommodations;
- Training, information and legal advocacy to parents;
- Training and speakers for the disability community, public entities and private businesses on the provisions of the ADA and its relationship to other state and federal laws.
- Education for legislators and policy-makers on issues affecting the rights of people with disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: People with disabilities.

Agency: **Disabled People's Recreation Center (DPRC)**
(See Richmond Recreation and Parks Department)

Agency: **Doctors Medical Center**
Rectal/Prostate Screening
2000 Vale Road
San Pablo, CA 94806

Telephone: (800) 206-9355 (direct line for appointments)
(510) 970-5000
Website: www.doctorsmedicalcenter.org

Description: Rectal/prostate screening for men over age 50 with disabilities. Screenings occur every four months.

Days/Hours: Monday-Friday, 9:00 a.m. – 6:00 p.m.

Agency: **Doctors Medical Center**
Speech Therapy Department
2000 Vale Road
San Pablo, CA 94806

Telephone: (510) 970-5515
Fax: (510) 970-5760
Website: www.doctorsmedicalcenter.org

Description: Synergy Rehab has a contract with hospital to provide speech therapy service.
A full time speech therapist is at the site. Occupational and physical therapy for acute needs; mostly swallowing, some communication.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Adults only.

Agency: **Down Syndrome Connection of the Bay Area**
117-A Town and Country Drive
Danville, CA 94526

Telephone: (925) 362-8660
Fax: (925) 362-8663
Website: www.dsconnection.org

Description: Down Syndrome Connection of the Bay Area consists of a group of caring individuals, educators, therapists and involved community members whose passion and commitment is to serve families who have members born with Down syndrome. This is done through education, advocacy, parent/sibling support and therapeutic classes for babies, children, teens and adults. The goal is to enrich the child and adults lives through pre-academic, academic, language skills and social/behavioral interaction, ultimately preparing them for community integration as a valuable participant and contributor.

Days/Hours: Monday-Friday, 10:00 a.m. – 5:00 p.m.

Serving: All persons with Down Syndrome and their families as well as others with developmental disabilities.

Agency: **Early Childhood Mental Health Program (ECMHP)**
4101 Macdonald Avenue
Richmond, CA 94805

Telephone: (510) 412-9200
Fax: (510) 412-9248
Website: www.ecmhp.org

Description: Early childhood Mental Health Program fosters healthy emotional, social, and psychological development in children aged birth to six years, helps them succeed in school and give them the tools to reach their full potential.

As one of the few mental health agencies working to help very young children recover from the effects of childhood trauma, our goal is to create strong families and foster families and, ultimately, to create a more vital community.

Through a variety of child treatment and parent and caregiver counseling programs, we have helped many families remain intact and able to nurture their children at a critical time in their development.

Days/Hours: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Children who may be at risk and their families.

Agency: **East Bay Community Foundation**
200 Frank H. Ogawa Plaza
Oakland, CA 94612

Telephone: (510) 836-3223
Fax: (510) 836-3287
Website: www.eastbaycf.org

Description: A permanent endowment of charitable funds dedicated to improving the human condition and enhancing the quality of life in Alameda and Contra Costa Counties. The East Bay Community Foundation partners with donors to help the people and programs they most care about — in the East Bay and beyond. In this way the Foundation acts as a catalyst for East Bay giving, and serves the community by aligning donors with nonprofit organizations in their communities.

Serving: Contra Costa and Alameda Counties.

Agency: **East Bay Paratransit Consortium**
1720 Broadway, Suite 310
Oakland, CA 94612

Telephone: (510) 287-5000 or (800) 555-8085
TTY: (510) 287-5065
Fax: (510) 287-5069

Description: The East Bay Paratransit Consortium provides transportation to individuals who are unable to use fixed-route pubic transportation, such as AC Transit buses or BART trains, because of a disability or disabling health condition. East Bay Paratransit operates during the same days and hours as AC Transit

and BART's regular buses and trains. The service area includes communities served by AC Transit in the East Bay, as well as San Francisco. Reservations are necessary to use Paratransit. A trip can be arranged up to 7 days in advance and/or up to 5:00 p.m. the night before you want travel. All riders must pay a fare. Only Personal Care Attendants traveling with an ADA certified rider are carried for free. Fares based upon distance.

Days/Hours: Administration Office: Monday-Friday, 8:00 a.m. to 5:00 p.m.

Serving: Riders in AC Transit service area.

Agency: **East Bay Services**
1870 Adobe Street
Concord, CA 94520

Telephone: (925) 825-2091
Fax: (925) 825-2439

Description: East Bay Services provides direct services to persons in Contra Costa and Alameda counties through the Concord House and four satellite homes—Creative Outreach Environment (C.O.R.E.), Concord Residential Club, Evergreen, and Wisdom Path (*see listing under individual alphabetized program).* Other programs include Independent Living Services, Mobility Training and Open Door Job Training. New programs available are Way of the Elders and The Center for Well Being at the Salvio Pacheco Adobe.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: People with developmental disabilities of all ages.

Agency: **Easter Seals Bay Area**
180 Grand Avenue, Suite 300
Oakland, CA 94612

Telephone: (510) 835-2131
Fax: (510) 835-1847
Website: www.bayarea.easterseals.com

Description: Early Intervention home-visiting service for 0-3, which can include physical therapy, occupational therapy, speech and language therapy (RCEB funded), is available within Contra Costa County.

After-school Program provides after-school care and support to children and young adults with developmental disabilities aged 5 to 21.

Days/Hours: Message phone – messages retrieved regularly

Serving: Alameda, Contra Costa, Napa, San Francisco, San Mateo, Santa Clara and Solano Counties.

Agency: **Epilepsy Foundation of Northern California**
1624 Franklin Street, Suite 900
Oakland, CA 94612

Telephone: (800) 632-3532
Fax: (510) 893-8608
Website: www.epilepsyfoundation.org

Description: Information and referral for anyone wanting to learn about epilepsy. Support groups for people who have epilepsy and their friends and family.

Days/Hours: Monday-Friday, 9:00 a.m. – 4:00 p.m. Closed for lunch from noon to 1:00 p.m.

Serving: People with epilepsy concerns.

Agency: **Families First**
3350 Clayton Road, Suite 100
Concord, CA 94519

Telephone: (925) 602-1750
Fax: (925) 302-1754
Website: www.familiesfirstinc.org

Description: Families First is a private, non-profit foster care agency serving children with developmental disabilities who have challenging behaviors and are between the ages of 2 and 17. Services are provided for children on an individual basis. Regional Center referral required.

Days/Hours: Monday-Friday, 8:30 a.m. – 5:00 p.m.

Serving: Bay Area; ages 2-17.

Agency: **Family Caregiver Alliance**
180 Montgomery Street, Suite 1100
San Francisco, CA 94104

Telephone: (800) 445-8106
Fax: (415) 434-3508
Website: www.caregiver.org

Description: Information, education, individualized consultation and support to family caregivers and friends of adults who have brain impairment. Other services include counseling, support groups, legal and financial advice and respite assistance. Most services are available over the phone. Workshops and seminars for family caregivers are offered.Family Caregiver Alliance is one of eleven Caregiver Resource Centers throughout California.

Days/Hours: Monday-Friday, 9:00 a.m. - 5:00 p.m.

Agency: **Family Stress Center**

	2086 Commerce Avenue Concord, CA 94520	315 G Street Antioch, CA 94509
Telephone:	(925) 827-0212	(925) 706-8477
Fax:	(925) 827-1122	
Website:	www.familystresscenter.org	

Description: Family Stress Center's mission is to strengthen families and to treat and prevent child abuse and neglect in Contra Costa County by providing counseling, educational and support services focusing on the essential needs of children and their families. Our services are provided from our buildings in Concord and Antioch, from office in Bay Point, Martinez, Pittsburg, Richmond and in donated space in schools, churches and community buildings throughout Contra Costa County.

Days/Hours: Monday-Friday, 8:30 a.m. – 5:30 p.m.

Serving: Contra Costa County.

Agency: **Family Support Services of the Bay Area**
401 Grand Avenue, Suite 500
Oakland, CA 94610

Telephone: (510) 834-2443
Fax: (510) 834-1548
Website: www.fssba/oak.org

Description: FSSBA provides high quality in-home and out-of-home respite services to families caring for an individual with developmental disabilities. Respite providers are thoroughly screened and extensively trained by social work staff to meet the specialized needs of the children in the program. FSSBA also provides respite to foster parents/grandparents caring for drug-exposed children and HIV affected families in Contra Costa County.

Days/Hours: Monday -Friday, 9:00 a.m. - 5:00 p.m.
Respite hours: Anytime Monday-Sunday

Serving: Children with developmental disabilities, children in foster care that were prenatally substance exposed and HIV affected children.

Agency: **Fred Finch Youth Center Dual Diagnosis Program**
3800 Coolidge Avenue
Oakland, CA 94602

Telephone: (510) 482-2244
Fax: (510) 530-2047
Website: www.fredfinch.org

Description: Fred Finch Youth Center seeks to provide a continuum of high quality programs for the care and treatment of children, youth and young adults and their families, whose changing needs can best be met by a variety of mental health and social services. The goal is for clients to be professionally served in the least restrictive environment appropriate to their needs, so that they may function at their highest potential. Dual-treatment / wrap-around behavioral and clinical support services.

Days/Hours: Monday – Friday, 8:30 a.m. - 5:00 p.m.

Serving: Children, adolescents and young adults, who have a developmental disability and a mental health diagnosis, are Regional Center clients, and there may be a specialized approval process.

Agency: **Friends of Children with Special Needs (FCSN)**
2300 Peralta Blvd.
Fremont, CA 94536

Telephone: (510) 739-6900
Fax: (510) 739-6999
Website: www.FCSN1996.org

Description: FCSN is a non-profit organization founded by a group of families to help children and adults with special needs and their families to find love, hope, and respect through community involvement. They provide a support group for parents, a service center for youth and adults, therapeutic classes, local playgroups, summer sports, camping activities and supported living services.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Families throughout the Bay Area.

Agency: **Full Circle of Choices, Inc.**
5167 Clayton Road, Suite B
Concord, CA 94521

Telephone: (925) 682-6107
Fax: (925) 682-6006
Website: www.fullcircleofchoices.org

Description: Provides supported living and independent living services:

- Person-centered planning
- Personal empowerment
- Respect of individual choices
- Choice of where and with whom to live
- Choice in whom provides direct support
- Personal growth and skill development

Days/Hours: Office Hours: Monday-Friday, 9:00 a.m. to 5:30 p.m.
Program Hours: 24/7 or as needed

Serving: Men and women in East, Central and West Contra Costa County.

Agency: **Futures Explored, Inc.**

Program **ALIVE (Actively Living and Involved in a Variety of Endeavors)**

	ALIVE Concord 2151 Salvio, Suite V Concord, CA 94520	ALIVE East 808 West Third St. Antioch, CA 94509
Telephone:	(925) 825-0263	(925) 779-1039
Fax:	(925) 925-9264	(925) 779-0440

Description: ALIVE is a program serving primarily individuals with significant physical and developmental disabilities. The goal of the program is to assist every participant in learning how to access the community and explore options available to them, including volunteering, attending community college and employment. Many men and women involved in the program have physical challenges requiring the use of a wheelchair, walker or other assistive technology.

Days/Hours: Office: Monday-Friday, 9:00 a.m.-3:00 p.m. (flexible hours are occasionally used to help access community activities, based on individual choice)

Serving: Adults with developmental disabilities who receive services from the Regional Center of the East Bay.

Program **Community College Transition Project (ALIVE)**
ALIVE East
808 West Third Street
Antioch, CA 94509

Telephone: (925) 779-1039
Fax: (925) 779-0440
Website: www.futures-explored.org

Description: The Community College Transition Project (CCTP) is a package of support services, both intensive and cohesive, aimed at helping young adults with developmental disabilities to acquire and access available services and transition to college life. Services include counseling, independent living skills training, mobility training, vocational skills and employment opportunities. A peer support group meets weekly on campus. CCTP is for the young adult, who has completed high school, and:

- Wants to attend college classes at Los Medanos College
- Is able to be mobility trained
- Is committed to living independently
- Is able to participate in the full range of services
- Is supported in this effort by family or care provider
- Is without behaviors that would disrupt classes and activities, and
- Is a client of RCEB

Days/Hours: Office: Monday-Friday, 8:00 a.m.-5:00 p.m.
(hours may vary based on each student's school schedule)

Serving: Young adults with developmental disabilities in Contra Costa County.

Program **Futures Explored Day Program**
3547 Wilkinson Lane
Lafayette, CA 94549

Telephone: (925) 284-3240, ext. 224
Fax: (925) 284-3291
Website: www.futures-explored.org

Description: The goal of Futures Explored's Day Program in Lafayette is to provide life skills and work-related training to adults with developmental disabilities. We support our consumers in reaching their optimum level of individual potential by delivering a broad range of resources and ongoing guidance.
Our innovative program, located in the heart of downtown Lafayette, provides training in both work-related and life skills to adults with mild to moderate developmental disabilities. Participants may need helping areas of personal or social skills, or in seeking and holding a job, or both.

Days/Hours: Monday-Friday, 9:00 a.m.-3:00 p.m.
(program days and hours may vary due to employer and/or individual choices)

Serving: Adults over 18 years of age and clients of Regional Center.

Program **Futures Explored – Supported Employment**
3547 Wilkinson Lane
Lafayette, CA 94549

Telephone: (925) 284-3240, ext. 222
Fax: (925) 284-3291

Website: www.futures-explored.org

Description: Our Supported Employment program provides an intensive interview and appropriate job search process to motivated and capable individuals in order to obtain and maintain successful integrated employment in their community. Individuals may be hired directly by the company on an individual basis, may be employed as a part of a group of between three and eight individuals working at a single job site.

- Job assessments and evaluations, as needed
- Job development and placement
- Training and support in job seeking skills, development of good work habits, ethics and appropriate workplace behaviors
- An Employment Specialist to train and support each new employee at the worksite
- Long-term support and services to ensure job retention
- Customized follow-up services based on personal needs
- Social networking to expand friendships/social skills

Days/Hours: Monday-Friday, 9:00 a.m. - 5:00 p.m.
(Program hours based on individual job coaching needs)

Serving: Adults with Developmental Disabilities in Contra Costa and Alameda Counties

Program **GARDEN (Growing, Adapting, Relaxing, Doing, Enjoying, Naturally)**

	GARDEN – Antioch	GARDEN – Tri-Valley
	625 West Fourth Street	690 North L Street
	Antioch, CA 94509	Livermore, CA 94551
Telephone:	(925) 756-0817	(925) 454-3349
Fax:	(925) 756-7172	(925) 454-8807
Website:	www.futures-explored.org	

Description: The GARDEN programs serve individuals with specialized health needs. The program is adjusted to maximize their personal benefit and includes a number of significant sensory opportunities. Community involvement is a desired outcome; however, due to medical/health needs it is typically more limited. For those with very significant health needs an in-home option may be available.

Days/Hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

Serving: Adults with developmental disabilities who receive services from Regional Center of the East Bay.

Agency:	**Genesis Developmental Services** 16440 Ashland San Lorenzo, CA 94580
Contact:	Arnetha Simon – Day services Amy Bishop – Supported living
Phone: Fax:	(510) 278-3936 (510) 278-4112
Description:	Genesis Developmental Services' mission is to empower the individuals they serve by providing creative living options and day program services that support choice, growth and connection to community.
Days/Hours	Monday-Friday, 8:00 a.m. – 5:30 p.m.
Serving:	Adults (22 years and older) with developmental disabilities and medical challenges.

Agency:	**George Miller Centers** 2801 Robert Miller Drive Richmond, CA 94806	3020 Grant Street Concord, CA 94520
Telephone:	(510) 374-3981	(925) 646-5710
Fax:	(510) 374-3893	(925) 646-5030
Website:	www.contracostaarc.org	
Description:	Each site offers four programs. The infant home-based program serves infants from 0-1½ years and the infant center-based program serves infants from 1-3 years. These programs offer services including the overall developmental aspects of the child and assist parents in developing the skills necessary to ensure proper care and handling of the child. Additional support services offered include occupational therapist consultation and treatment, speech therapy and family counseling. The After School Program provides active recreation and social opportunities for students from ages 11 to 22. The staff to student ratio allows for flexibility to address the specific and varying choices and needs of each student. At the center and in the community, activities include; cooking, art projects basketball, bowling, pool, ping pong, gardening, field trips, making jewelry, ice skating, nature walks, air hockey, foosball, local sports events and more. The underlying goal of the program is to provide interesting, enriching	

activities to achieve and reinforce the educational and behavioral objectives of the student and family.

The After School Program operates year-round. Services are provided on school calendar minimum days and non-school days, except holidays.

The adult programs offer an array of services including Adult Development, and a Senior Program *(Concord site only)*. All of these programs utilize existing community resources to provide real-life, everyday experiences in their natural settings. We provide a functional curriculum that increases consumers' ability to be more independent and to be able to make choices.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 4:00 p.m.
Program hours vary.
After School Program usual hours are as follows:

- Regular School Day 2:30 – 6:00 p.m.
- Minimum School Day 1:00 – 6:00 p.m.
- Non-school Day 9:00 – 6:00 p.m.

Serving: Persons with developmental disabilities/Contra Costa and Alameda Counties.

Agency: **Giant Steps Therapeutic Equestrian Center**
775 Bay Wood Drive, Suite 305
Petaluma, CA 94954

Telephone: (707) 769-8900
Fax: (707) 769-4770
Website: www.giantstepswriting.org

Description: Giant Steps Therapeutic Equestrian Center was founded in 1998 based on the belief that caring for and riding horses can be a powerful tool for healing individuals with physical, emotional and developmental challenges, as well as children considered "at risk".

Days/Hours: Monday – Saturday, hours by arrangement
Serving: Bay Area.

Agency: **Golden Scalers**
23158 Canyon Terrace Drive
Castro Valley, CA 94552

Telephone: (510) 886-4199
Fax: (510) 886-1321

Description: Golden Scalers mobile dental hygiene services provide oral healthcare to people who cannot get to a dental office. This includes people who may be homebound, have a developmental disability, and those residing in assisted-

living or skilled-nursing facilities. Contact: Darci Trill.

Days/Hours: Varies – Call for additional information

Serving: Alameda and Contra Costa Counties.

Agency: **Harmony Home, Associated**
(Aka: ILS, Unlimited)
144 Mayhew Way
Walnut Creek, CA 94597

Telephone: (925) 256-6303
Fax: (925) 256-6485

Description:
- Supported Living - Central and East Contra Costa County
- Independent Living Services - Unlimited
- Level 2 Board and Care Home in Clayton, CA

Days/Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.

Serving: Men and women who have developmental disabilities living in Contra Costa and limited parts of Alameda Counties, 18 years of age and older.

Agency: **Hawkins Center**
101 Broadway, Suite 1
Richmond, CA 94804

Telephone: (510) 232-6611
Fax: (510) 232-2271
Website: www.hawkinscenter.org

Description: The Hawkins Center of Law and Services for people with disabilities is a non-profit organization that provides legal advocacy and support services to people with disabilities. Specializing in Social Security Disability Law, we represent claimants in Social Security and Disability claims and provide educational information on SSDI and SSI benefits programs.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Contra Costa and Alameda Counties.

Agency: **Head Start Program**
Contra Costa County Community Services Department
2425 Bisso Lane, Suite 120
Concord, CA 94520

Telephone: (925) 646-5540
Fax: (925) 646-5551

Description: The Head Start Program is a child development program for children who are of low-income within the three to five year age ranges. Children are served in several options: Family Child Care, Home Based, Center Based Part Day, and Center Based Full Day. Centers are located in Central, East and West County.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m. (some Centers 7:00 a.m. – 7:00 p.m.)

Serving: Low-income, three to five year old children.

Agency: **Housing Consortium of the East Bay**
1736 Franklin Street, 6th Floor
Oakland, CA 94612

Telephone: (510) 832-1315
Fax: (510) 832-1743
Website: www.hceb.org

Description: Activities include housing development, planning, resource development, training, technical assistance, networking and coalition building.

Serving: East Bay

Agency: **Independent Living Resources**
1850 Gateway Blvd., Suite 120
Concord, CA 94520

Telephone: (925) 363-7293
Fax: (925) 363-7296
Website: www.ilrcoco-sol.org

Description: Independent Living Resource (ILR) is a non-profit organization, which promotes the full participation and inclusion of people with disabilities in community life. Referred to as an independent living center, the agency is part of a network of similar organizations throughout the nation. ILR works to:

- Empower people with disabilities to control their own lives
- Provide advocacy and support
- Create an accessible community free of physical and attitudinal barriers
- Advocate complete social and political integration

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: All persons with disabilities.

Agency: **Independent Living Services, Unlimited**
144 Mayhew Way
Walnut Creek, CA 94596

Telephone: (925) 256-6303
Fax: (925) 256-6485

Description: Provide independent living skills instruction and support to adults, 18 years of age and older, with developmental disabilities.

Days/Hours: Determined by client's schedule

Serving: Contra Costa County Adult residents with a developmental disability.

Agency: **Kitty Petty ADD/LD Institute**
800 San Antonio Road, Suite 8
Palo Alto, CA 94303

Telephone: (650) 855-9925
Fax: (650) 855-9924
Website: www.kpinst.org

Description: KPI is a non-profit organization whose mission is to provide an open academic environment within which researchers, clinicians and educators can investigate and network new methods of testing, treating and managing Attention Deficit and related disorders. Its intent is to develop knowledge, treatment methodologies and educational program designs that will reduce or eliminate the pervasive and devastating effects of neuro-biologically rooted social and behavioral problems.

Days/Hours: Monday-Friday, 8:00 a.m. – 4:30 p.m.

Serving: Those with ADD concerns.

Agency: **La Familia Counseling Services**
26081 Mocine Avenue
Hayward, CA 94544

Telephone: (510) 881-5921
Fax: (510) 881-5925
Website: www.lafamiliacounselingservice.com

Description: The Developmental Services Unit is an integral component of La Familia Counseling Service. The unit provides intensive case management advocacy and training to primarily Latino individuals with developmental disabilities and their families.

Days/Hours: Monday-Thursday, 9:00 a.m. – 8:00 p.m.; Friday, 9:00 a.m. – 5:00 p.m.

Serving: Families of the Bay Area.

Agency: **Las Trampas Incorporated**
P.O. Box 515
3460 Lana Lane
Lafayette, CA 94611

Telephone: (925) 284-1462
Fax: (925) 283-1372
Website: www.lastrampas.org

Description: Day Programs-
Adult Development Program: Provides activity and care for people requiring a high degree of physical support with all aspects of daily living. The adult development program can accommodate people in a safe and nurturing environment and provides staffing ratios of 1:3, 1:2 and even 1:1, as determined by individual need.
Adult Vocational Program: With a staffing ratio of 1:6, consumers work in the community and on campus. Las Trampas consumers work to keep Walnut Creek City Parks inviting. Consumers perform janitorial services for local business and community facilities. Las Trampas Shreds, document shredding service for business and individuals. Consumers also complete bulk mailing, sorting, labeling and similar jobs.
Onsite activities: Outdoor activity and social space in a peaceful wooded setting, consumer tended garden. Healthy choices, nutrition and food preparation skills. Snoezelen sensory environment. Exercise room. Music. Reading. Films. Fine Art instruction and support through AccessArt.
Community activities: Las Trampas has 8 wheelchair accessible vans to support community activities for all consumers. Shopping, restaurants, picnics, banking, music in the park, farmers market. Community Garden at Rossmoor. Adapted Horticulture at DVC. Arranged field trips.

New Programs –
AccessArt: A fine arts based day program serving eastern Contra Costa County. The initial phase of this project is planned to begin operation in Brentwood in April 2009 in cooperation and partnership with Liberty Unified High School District. The goal of Las Trampas: AccessArt is to facilitate creative development and advance artistic accomplishment. This program is dedicated to the idea that artists with disabilities shall be integrated into the daily cultural life of the community and contribute their creative identity to the fabric of society.

Residential Programs -
Licensed Residential Services: Las Trampas supports consumers in one level 4a and three Level 4c licensed group homes in Walnut Creek, Pleasant Hill and Concord. These comfortable homes in our community provide a

supportive and caring environment.
Supported Living Services: Consumers living in their own homes and apartments receive case facilitation and in-home support and services according to their individual needs up to around the clock supervision.
Independent Living Services: Consumers living on their own, in their own homes and apartments, receive case facilitation and, in-home support and services according to their individual needs.

Days/Hours:

Day Programs:	Monday-Friday, 8:00 a.m. – 3:00 p.m.
Licensed Residential Services:	24 hours
Supported Living Services:	3:00 p.m. – 8:00 a.m.

Serving: Adults with moderate to severe developmental disabilities: may include persons with challenging behaviors.

Agency: **Law Offices of Stephen W. Dale**
(See The Dale Law Firm)

Agency: **Learning Disabilities Association-California (LDA-CA)**

	State Office	East Bay
	P.O. Box 601067	P.O. Box 5513
	Sacramento, CA 95860	Berkeley, CA 94705
Telephone:	(916) 725-7881	(510) 433-7934
Fax:	(916) 725-8786	(510) 547-5306

Website: www.eastbaylda.org

Description: LDA- CA provides information, publishes brochures and a quarterly newsletter, and sponsors an annual conference.

Days/Hours: Tuesday and Thursday, 2:00 p.m. – 7:00 p.m.

Serving: Parents of children with learning disabilities, adults with learning disabilities, and professionals in related fields.

Agency: **Life Steps Foundation, Inc.**
828-C Mahler Road
Burlingame, CA 94010

Telephone: General: (800) 530-5433 or Adults: (650) 259-1808
Infants: (650) 777-9182

Fax: (650) 259-1811
Website: www.lifestepsfoundation.org

Description: Life Steps Foundation is a statewide organization offering a supported and independent living program and an in-home infant development program.

Days/Hours: Vary with the program

Serving: Children and adults with disabilities.

Agency: **Living Skills Center**
2430 Road 20, Apartment B112
San Pablo, CA 94806

Telephone: (510) 234-4984
Fax: (510) 234-4986
Website: www.livingskillscenter.org

Description: The Living Skills Center (LSC) for the visually impaired is a unique program that teaches people who are blind or visually impaired to live independently, by actually living independently. Since 1972 the LSC's learn-by-doing apartment setting has helped to empower generations of people with visual impairment to take charge of their own lives. If you are 18 years or older and ready to make the move towards independence, the LSC can help you achieve your personal goals.

Days/Hours: Monday – Friday, 9:00 a.m. – 4:00 p.m.

Serving: Students who are blind or have a visual impairment and clients of the Department of Rehabilitation.

Agency: **Lynn Center Contra Costa ARC**
950 El Pueblo Drive
Pittsburg, CA 94565

Telephone: (925) 439-7516
Fax: (925) 439-8948
Website: www.contracostaarc.org

Description: CC-ARC's Lynn Center Early Intervention and Preschool serves children with special needs from age 15 months through 5 years. The Center also provides in-home, individualized services to children and families including services in natural environments. Services include family support, parent counseling and parent education, speech and language development, fine and gross motor development, sensory integration, social development, self-help skills development, and play therapy.

Bright Beginnings (*See Bright Beginnings – Lynn Center*) is an early intervention program for children with intense needs, exhibiting severe language and social delays and may have a diagnosis of Autistic Spectrum Disorder (ASD).

Days/Hours: Monday-Friday, 9:00 a.m. - 1:30 p.m.

Serving: Children 15 months through 5 years with special needs and their families.

Agency: **March of Dimes**
Northern California Chapter
1050 Sansome Street, 4th Floor
San Francisco, CA 94111

Telephone: (888) 663-4637
Website: www.marchofdimes.com

Description: Genetic research and resource center

Serving: Northern California

Agency: **Massmutual Life Insurance Co.-San Francisco Bay Area Agency**
Gene Gracey, CLTC
Special Care Planner
2121 N. California Blvd., Suite 395
Walnut Creek, CA 94596

Telephone: (925) 979-2391
Cell: (925) 451-3377

Description: A program that offers information and financial solutions to people with disabilities and other special needs and their families. We review your financial picture, offer options that make sense for your situation, help to ensure that steps you take won't unintentionally jeopardize benefits, such as MediCal or SSI, and help you to consider solutions to maintain the lifestyle for your loved one. One-on-one consultations or group seminars are available in Contra Costa and Alameda Counties by calling the number noted above.

Days/Hours: One-on One Consultation: Monday-Saturday, 8:30 a.m. – 6:00 p.m.
Seminars: Monday-Thursday – Evenings
Saturday Mornings

Serving: Anyone caring for a family member, or a person with a disability or other special needs – a child, spouse, sibling, dependent parent, or other relative/friend.

Agency: **MetDESK®**
Wealth Strategies Group
An Office of MetLife
2001 North Main Street, Suite 380
Walnut Creek, CA 94596

Telephone: (925) 949-5155
Fax: (925) 930-9951
Website: http://www.michaelbhansen.com

E-Mail: mhansen1@metlife.com

Description: MetLife's Division of Estate Planning for Special Kids helps you to take steps to provide lifetime quality care that your child or dependent with special needs requires. There are important financial considerations as well for providing not just lifetime care, but quality of life. In planning for the future of your child or dependent, remember that you are the primary expert, but you may also need to turn to a number of professionals for assistance on such things as special needs estate planning. Though many of these issues can seem overwhelming, it is important you take the time with those experienced professionals to help provide for your child's tomorrow. For an individual and complimentary consultation or to book a MetDESK® Workshop for your support group, please contact Michael B. Hansen (925) 949-5155.

Serving: State of California

Agency: **Milestones**
1620 N. Main Street, Suite 1
Walnut Creek, CA 94596

Telephone: (925) 938-1862
Fax: (925) 937-6782
Website: www.milestonesforautism.net

Description: Milestones provides treatment programs for children with autism spectrum disorders (ASD), a site-based enrichment program for children 3-4 years old, social skills groups for children with ASD, consultation with school districts and private clients, and workshop and training for parents and educators in the autism community.

Serving: Contra Costa County and surrounding area.

Agency: **Mission Hope Developmental Services**
1826 Verne Roberts Circle
Antioch, CA 94509

Telephone: (925) 706-7517
Fax: (925) 706-2946
Website: www.missionhopedayprogram.com

Description: Adult day care serving people who have behavior challenges. Providing sports and exercise opportunities as well as other recreational activities, community integration and employment opportunities. Vendorized by Regional Center of the East Bay.

Serving: East Contra Costa County.

Agency: **Mt. Diablo Adult Education**
Adults with Disabilities Programs
1266 San Carlos Avenue
Concord, CA 94518

Telephone: (925) 685-7340, ext. 2742
Fax: (925) 687-8217
Website: http://www.mdusd.k12.ca.us/adulted/adults_with_disabilities.htm

Description: Mt. Diablo Adult Education offers three unique programs on their Loma Vista Campus—the LIFE SKILLS program for adults with developmental disabilities, the ON TRACK program for adults with acquired brain injury and new (beginning this fall 2008) TRANSITION OPTIONS PROGRAM (TOPS) for adults with Asperger's Syndrome or related disorders. 1) The Life Skills program is an educational and job-training program that strives to develop each student's maximum potential and independence. The curriculum is comprehensive and offers much opportunity for choice. Students choose the classes they are interested in our of three to four classes offered per time period in the areas of community integration, living skills, social skill and personal growth, functional academics, and job training. In addition, job-ready students are assisted with job placement and coaching by Life Skills instructors; 2) The TOPS program addresses the unique needs of adults with Asperger's Syndrome and related disorders transitioning to higher education and/or employment. The program provides a structured and supportive environment for students to develop social skills, increase independence, develop interests, explore resources, participate in the community and begin to create a social network of support.

Days/Hours: Life Skills Program: Monday-Friday, 10:00 a.m. – 4:00 p.m.
(Students may attend part-time)

Serving: Adults age 22 years or over (18-22 years may be eligible) who meet the eligibility criteria; participants do not need to be clients of the Regional Center and do not need to live within district boundaries to be eligible. TOPS fee: $425 per quarter.

Agency: **Mt. Diablo Unified School District SELPA**
1936 Carlotta Drive
Concord, CA 94519

Telephone: (925) 682-8000, ext. 4047
Fax: (925) 674-0514

Description: SELPA is responsible for assuring program availability for all students with disabilities in the school-age population; to see that programs and services provide any needed services for any student with an exceptional need, and to assist in intra-SELPA and inter-SELPA placements, provide technical

assistance and administrative support for the many requirements of the new laws. SELPA personnel include the Program Specialists who are designated to assist in placement decisions, curriculum development and staff in-service. They act as a resource top both parents and staff in IEP and IFSP Team meetings and assist in the identification of the most appropriate placement for each student. They facilitate the placement process and assist the student, parents and staff with any problems related to adjustment.

Days/Hours: Monday-Friday, 8:00 a.m. – 4:30 p.m.

Serving: Mt. Diablo Unified School District students and their families.

Agency: **Mt. Diablo YMCA**
350 Civic Drive
Pleasant Hill, CA 94523

Telephone: (925) 687-8900
Fax: (925) 687-0280
Website: www.mdrymca.org

Description: Project Recovery - physical exercise program for individuals who are post-stroke, have orthopedic disabilities and other health impairments.
Arthritis Aquatics - heated outdoor pool and chair lift. Certified YMCA staff guidance through range-of-motion activities and muscle stretching exercises to relax aching joints.

Days/Hours: Monday-Friday, 5:00 a.m. - 10:00 p.m.
Saturday/Sunday, 7:00 a.m. - 8:00 p.m.

Serving: All

Agency: **National Center for Youth Law**
405 – 14th Street, Suite 1500
Oakland, CA 94612-2701

Telephone: (510) 835-8098
Fax: (510) 835-8099
Website: www.youthlaw.org

Description: The National Center for Youth Law (NCYL) is a non-profit legal services organization providing impact litigation, support services, publications and training and advocacy. NCYL represents children who are poor in major litigation and provides specialized legal assistance to attorneys and other child advocates committed to protecting and increasing children's access to vital services and health care, protecting children who are abused and neglected, securing public benefits to meet the special needs of children, increasing access to housing for families with children, addressing the special problems of children living in institutions and improving child support

collection.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Youth and children whose lives are affected by poverty and their advocates.

Agency: **NIAD Center for Art and Disabilities**
551- 23rd Street
Richmond, CA 94804

Telephone: (510) 620-0290
Fax: (510) 620-0326
Website: www.niadart.org

Description: The National Institute of Art and Disabilities (NIAD) is a vocational program in the visual and musical arts. It is dedicated to enabling all persons with disabilities to develop their creativity for social growth and to earn income.
Days/Hours: Monday-Friday, 9:00 a.m. - 4:00 p.m.

Serving: Adults, Alameda, Marin and Contra Costa Counties.

Agency: **NY Learning Center**
4908 Kirk Lane
San Pablo, CA 94806

Telephone: (510) 236-2146
Fax: (510) 236-1249
Website: www.nylearningcenter.com

Description: All day learning center helps students to develop skills in independent living, mobility, fine arts, expressive and receptive language, functional academics, social interaction, and vocational readiness and behavior program.

Days/Hours: Vary: usually 12:00 p.m. – 6:00 p.m., but will accommodate student's minimum school day schedule. When school is not in session: 8:00 a.m. – 6:00 p.m.

Serving: Open to all children between the age of five and twenty-two, but specially designed to children with developmental disabilities.

Agency: **Northern California Fragile X Association**

Telephone: (510) 864-4268
Website: http://www.fragilex.org/html/nocfxa.htm

Description: Promotes public awareness of Fragile X Syndrome with special emphasis on educators and health professionals; provides a forum for families of children

with Fragile X to meet and share their ideas and concerns; and supports scientific research on Fragile X Syndrome.

Serving: Northern California

Agency: **Office of Clients' Rights Advocacy (OCRA)**
1330 Broadway, Suite 500
Oakland, CA 94612

Telephone: (866) 865-1758
Fax: (510) 267-1281
Website: http://www.pai-ca.org/ocra/

Description: The Office of the Client's Rights Advocacy (OCRA) is a statewide office run by Protection & Advocacy, Inc. The Client's Rights Advocate services consumers of the Regional Center of the East Bay and is trained to help protect the rights of people with developmental disabilities.

Days/Hours: Monday–Friday, 9:00 a.m. – 5:00 p.m.

Serving: Disabled community.

Agency: **Pacific Disability and Business Technical Assistance Center**
555 12th Street, Suite 1030
Oakland, CA 94607

Telephone: (800) 949-4232
Fax: (510) 285-5614
Website: www.adapacific.org

Description: The PDTAC provides technical assistance on the Americans with Disabilities Act (ADA) by maintaining a toll-free 800-telephone line, disseminating government documents, and advocating through education of employers and employees. The Center also maintains a video and consultant library.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: The disabled and their advocates.

Agency: **Paratransit Coordinating Committee**
Contra Costa Transportation Authority
3478 Buskirk Avenue, Suite 100
Pleasant Hill, CA 94523

Telephone: (925) 256-4700
Fax: (925) 256-4701

Agency: **Parent-Infant Program (PIP)**
Children's Hospital Medical Center
747 – 52nd Street
Oakland, CA 94609

Program Address
638 3rd Street
Oakland, CA 94607

Telephone: (510) 428-3407
Fax: (510) 238-9764
Website: http://www.childrenshospitaloakland.org/healthcare/depts/pip_services.asp

Description: The Parent-Infant Program provides early intervention for infants with developmental disabilities or delays and their families; home and center-based; emphasis on parent participation and parent support; comprehensive developmental assessment and program for infants; multi-disciplinary professional staff, including parents of disabled.

A component of the PIP, the Children and Families Program promotes good developmental outcomes for infants with special developmental needs and their families through an individually tailored array of special instruction, parent counseling, training and home visits, family support and other needed early intervention services. Offers a menu of early intervention service components that can be tailored to meet the needs of individual infants and families.

Serving: Ages 0-3 years. Primarily northern Alameda and western Contra Costa Counties.

Agency: **Pathway to Choices**
2643 Appian Way, Suite F
Pinole, CA 94564

Telephone: (510) 262-0888
Fax: (510) 262-0889
Website: www.pathwaytochoices.net

Description: Pathway to Choices is an independent and supported living skills agency that provides training and instructions to consumers ages 18-65 with developmental disabilities through the Regional Center of the East Bay. Services are provided in the consumer's home, apartment or in a group home. Training components include but are not limited to social skills, communication skills, money management, shopping skills, house/apartment rental skills, personal care, mobility training and recreational skills. Pathway to Choices also provides day services.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Alameda and Contra Costa Counties

Agency: **People First**
(See Bay Area People First)

Agency: **Planned Parenthood of Contra Costa**
Administration, Counseling and Education
2185 Pacheco Street
Concord, CA 94520

Telephone: (925) 676-0505
Fax: (925) 676-2814
Website: www.ppacca.org

	Medical Center	East County Center
	2185 Pacheco Street	1104 Buchanan Road, Suite C-10
	Concord, CA 94520	Antioch, CA 94509
Telephone:	(925) 676-0300	(925) 754-4550
Fax:	(925) 676-2650	(925) 754-5031
	Hilltop Center	Richmond Center
	2970 Hilltop Mall Road, Suite 07	101 Broadway
	Richmond, CA 94806	Richmond, CA 94804
Telephone:	(510) 222-5290	(510) 232-1250
Fax:	(510) 222-9231	(510) 232-6837
	San Ramon Center	Walnut Creek Center
	130 Ryan Court, Suite 115	1357 Oakland Blvd.
	San Ramon CA 94583	Walnut Creek, CA 94596
Telephone:	(925) 838-2108	(925) 935-3010
Fax:	(925) 838-9265	(925) 932-2231

Description: Provides counseling, education and family planning for persons with special needs. As required, information and referrals for programs and counseling concerning sexual abuse, prevention and treatment. Family planning services available at all clinic services. Sliding scale fees. Medi-Cal and private insurance accepted for clinical services. Regional Center, private pay, and Victim Witness funding for counseling. Set fees for education and training.

Days/Hours: Monday-Friday, 8:30 a.m. - 5:00 p.m.
Serving: Men, women and children with developmental disabilities.

Agency:	**Pleasant Hill Recreation and Parks** Specialized Recreation 320 Civic Drive Pleasant Hill, CA 94523
Telephone: Fax: Website:	(925) 676-5200 (925) 676-5630 www.pleasanthillrec.com
Description:	Friday night dance every third month, September through June, co-hosted by cities of Concord and Walnut Creek. Call for schedule.
Days/Hours:	Monday-Friday, 9:00 a.m. – 3:00 p.m.
Serving:	Adults with developmental disabilities.

Agency:	**Protection & Advocacy, Inc.** Bay Area Office 1330 Broadway, Suite 500 Oakland, CA 94612
Telephone: Fax: Website:	(510) 267-1200 or (800) 776-5746 Voice/TDD (510) 839-5780 www.pai-ca.org
Description:	PAI is a non-profit corporation established pursuant to federal law. PAI works in partnership with people with disabilities to protect, advocate for, and advance their human, legal and service rights. PAI provides information about civil and service rights and entitlements, referrals, technical assistance and advocacy training, and legal representation.
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.
Serving:	Children and adults with developmental disabilities and their families.

Agency:	**R.A.D.D.** P.O. Box 520 Pleasanton, CA 94566
Telephone: Fax: Website:	(925) 931-3432 (925) 931-3436 www.ci.pleasanton.ca.us
Description:	Tri Valley Specialized Recreation provides programs and activities for youth and adults with the developmental disabilities between the City of Pleasanton and the Town of Danville. Basketball, dining out, dancing and other activities and events promote a fun environment where participants can socialize with

their peers.

Days/Hours: Dates and times of events and activities vary

Serving: Persons 15 years and older with developmental disabilities.

Agency: **Rape Crisis Center - 24 Hour Crisis Line (800) 670-7273 (RAPE)**
Community Violence Solutions

	West Contra Costa	East Contra Costa
	2101 Van Ness Street San Pablo, CA 94806	301 West 10th Street, #3 Antioch, CA 94509
Telephone:	(510) 237-0113	(925) 706-4290
Fax:	(510) 237-0177	(925) 778-3091

	Children's Interview Center	Central Contra Costa
	3755 Alhambra Suite #9 Martinez, CA 94553	2045 Mt. Diablo Street Concord, CA 94520
Telephone:	(925) 646-2305	
Fax:	(925) 646-1552	

Website: www.cvsolutions.org

Description: Non-profit organization providing services to children and adult victims of sexual assault and their families. Serves people with developmental disabilities.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m., 24-Hour Crisis Line (800) 670-RAPE

Serving: Contra Costa County

Agency: **RES – Residential and Educational Services of the East Bay, Inc.**
706 Main Street, Suite #B
Martinez, CA 94553

Telephone: (925) 229-8228
Fax: (925) 229-8238
Website: www.ressuccess.org

Other locations:

490 Golf Club Road	801 Ferry Street	730 Las Juntas
Pleasant Hill, CA 94523	Martinez, CA 94553	Martinez, CA 94553

Description: RES SUCCESS provides individuals with developmental disabilities with a safe, supportive and beautiful environment in which to learn and grow. Our locations provide specially designed behavioral modification and community inclusion programs in an exceptional environment. Students in the day programs participate in a variety of enriching experiences, such as attending

classes at Diablo Valley College, preparing for meaningful employment, and participating in diverse activities that the Bay Area has to offer.

A clinically proven model of care is used to help students work towards a common goal of independence and self-reliance.

Days/Hours: Office: Monday-Friday, 9:00 a.m. – 5:00 p.m.
Day Program: Monday-Friday, 9:30 a.m. – 3:30 p.m.

Serving: Central Contra Costa County

Agency: **Regional Center of the East Bay (RCEB)**

	7677 Oakport Street, Suite 300 Oakland, Ca 94621	2151 Salvio Street, Suite 365 Concord, CA 94520
Telephone:	(510) 383-1200	(925) 798-3001
Fax:	(510) 633-5020	(925) 674-8001
Website:	www.rceb.org	

Description: RCEB is a non-profit corporation through contract with the State Department of Developmental Services. Chief functions include assessment, planning, and coordination of services on the basis of individual need. Provides diagnostic services, case management, referral and advocacy services for children and adults with developmental disabilities as defined by California' Lanterman Act.

Days/Hours: Monday-Friday, 8:30 a.m. - 5:00 p.m.

Serving: Residents of Alameda or Contra Costa Counties of all ages who have a developmental disability or those qualified as at risk of a developmental disability (infants 0-3 years old).

Agency: **Resilience School of Health**
2213 Buchanan Blvd., #104
Antioch, CA 94509

Telephone: (925) 978-2303
Fax: (925) 978-2305

Description: Resilience School of Health specializes in advancing students with severe medically fragile conditions, three to 22 years of age, to their greatest level of independence by providing individualized and comprehensive services in a compassionate and caring manner. Professionals provide special education services; nursing supervision; speech/language, respiratory, physical and massage therapy; adapted physical education; and interpreting and translation service for Spanish speaking families.

Agency: **The Respite Inn**
906 Lee Lane
Concord, CA 94518

Telephone: (925) 686-5758
Fax: (925) 609-8952
Website: www.therespiteinn.com

Description: The Respite Inn provides a vacation-like atmosphere for individuals who need time away from their families. It offers out-of-home respite to parents who know that their teen or adult child is receiving care and developing new skills while they attend family matters or simply get away from the constant care of a person with special needs.

Days/Hours: Seven days a week/24 hours a day. Check with Respite Inn for any changes to this schedule.

Serving: Families in need of our-of-home respite for their teen or adult son or daughter.

Agency: **Responsible Choices**
2643 Arlington Blvd.
El Cerrito, CA 94530

Telephone: (510) 232-6777

Description: Responsible Choices is a sexuality and abuse prevention program for children and adults with developmental disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. to 5:00 p.m.

Agency: **Richmond Recreation and Parks Department**
Disabled People's Recreation Center (DPRC)
1900 Barrett Avenue
Richmond, CA 94804

Telephone: (510) 620-6814
Fax: (510) 620-6583

Description: DPRC provides an Adult Morning Program and an After School Program that offer traditional and non-traditional recreation experiences and activities to people with developmental disabilities throughout the Richmond community. Promotes communication through art, music and sports. Enhances self-awareness through movement exploration and aerobics. Teaches independence through games and crafts. Helps people with disabilities experience many different things in many ways, using a variety of resources.

Days/Hours:	Adult Morning Program:	Monday-Thursday, 9:15 a.m. - 12:15 p.m.
	After School Program:	Monday - Friday, 2:30 p.m. - 5:00 p.m.

Serving: Youth and adults with developmental and learning disabilities.

Agency: **Rubicon Programs, Inc.**
2500 Bissell Avenue
Richmond, CA 94804

Telephone: (510) 235-1516
Fax: (510) 235-2025
Website: www.rubiconprograms.org

Description: Provides assistance in finding low-cost housing, vocational training, placement and rehabilitation services to individuals with developmental, emotional, physical, or mental disabilities and other persons with barriers to finding a job and/or housing.

Days/Hours: Monday-Friday: 8:30 a.m. – 5:00 p.m.

Serving: Bay Area

Agency: **San Ramon Parks and Community Services**
1250 El Costa Blvd.
San Ramon, CA 94583

Telephone: (925) 973-3200
Fax: (925) 830-5162
Website: www.ci.san-ramon.ca.us

Description: Specialized programs for individuals with disabilities that are designed to promote socialization, independent functioning and recreational skills. Activities include dances and games for young adults, theatre and other outings, and an extended learning program for children.

Days/Hours:	Office:	Monday –Thursday, 8:30 a.m. 5:00 p.m.
		Friday, 8:30 a.m. – 5:00 p.m.
	Programs:	Days/hours vary depending upon program/event

Serving: Individuals with disabilities.

Agency: **Social Vocational Services (SVS)**

	3684 Delta Fair Boulevard Antioch, CA 94509	4450 San Pablo Avenue Emeryville, CA 94610
Telephone:	(925) 706-4434	(510) 594-7756
Fax:	(925) 706-1846	(510) 594-8110

Website: www.svsinc.org

Description: Social Vocational Services (SVS) is a leading provider of services for people with developmental disabilities in California. SVS provides people with developmental disabilities the training and support necessary to live and work in the community. Because of the individual nature of its service, SVS can meet the needs of clients with a broad range of disabilities and service needs.

Days/Hours: Program: Monday-Friday, 9:00 a.m. – 2:30 p.m.

Serving: Contra Costa and Alameda Counties, 18-59 years of age.

Agency: **Special Needs Aquatic Program (SNAP)**
5830 Sacramento Avenue
Richmond, CA 94804

Telephone: (510) 527-0446
Fax: (510) 528-9598
Website: www.snapkids.org

Description: The Special Needs Aquatic Program is a fun and beneficial program for children with a variety of special abilities and needs. SNAP was founded in 1991 to meet the need for alternative physical therapy and recreational services for children. Programs are tailored to address the physical, cognitive and psychosocial needs of each participant. We stress self-confidence and the joy of movement and fitness in a safe, non-competitive, success oriented atmosphere.

Days/Hours: Call for schedule of classes

Serving: Primarily ages 0-21 years with physical and/or developmental disabilities. Adult clients accepted on a case-by-case basis.

Agency: **Special Olympics East Bay Region**
3480 Buskirk Avenue, Suite 340
Pleasant Hill, CA 94523

Telephone: (510) 553-9833 or (925) 944-8801
Fax: (510) 553-0432 or (925) 944-8803
Website: http://www.sonc.org/regions/eastbay/

Description: Special Olympics provide year-round sports training to children and adults with developmental disabilities. From basketball to golf, Special Olympics give athletes the opportunity to experience competition and form relationships with volunteers and their peers.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m. (Plus competitions on weekends)

Serving: Children and adults with developmental disabilities.

Agency: **Special Skater Program**
Oakland Ice Center
519 18th Street
Oakland, CA 94612

Telephone: (510) 268-9000, extension 103
Fax: (510) 268-9159
Website: www.oaklandice.com

Description: A learn-to-skate program developed especially for athletes with special physical/developmental challenges. Emphasizing fun and safety. The Special Skater Program helps to improve balance and coordination that promotes an "I can do it" attitude that carries over into other aspects of the participant's life. With the assistance of volunteer "buddies," skaters develop skills, make new friends and experience a newfound freedom and sense of accomplishment. Volunteers are an integral part in the success of this program.

Days/Hours: Call for a schedule of classes

Serving: Individuals with developmental/physical disabilities.

Agency: **Spectrum Center Schools and Programs**
16360 San Pablo Avenue
San Pablo, CA 94806

Telephone: (510) 741-5440
Fax: (510) 741-2775
Website: www.spectrumschools.com

	Camden Campus	Tara Hills Campus
	6325 Camden Street	16360 San Pablo Avenue
	Oakland, CA 94605	San Pablo, CA 94806
Telephone:	(510) 729-6384	(510) 724-4494
	Delta Campus	Valley Campus
	135 East Leland	1026 Oak Grove Road, #1
	Pittsburg, CA 94565	Concord, CA 94518
Telephone:	(925) 439-6929	(925) 685-9703

Description: Spectrum Center Schools has been a leader in providing special education services to the San Francisco Bay Area since 1975. The program was founded as an alternative for students whose disabilities prevented them from attending public school.

Spectrum has designed specific educational plans to help every child,

regardless of diagnosis or disability, reach his or her IEP goals. And we provide the skills, resources and expertise to support them in their journey.

Spectrum offers tested and proven programs to help students with these common learning disabilities achieve their highest potential:

- Autism-spectrum disorders
- Developmental delays (DD)
- Emotional disturbances (ED)

We've developed a menu of services that can be customized to help students achieve their IEP goals including: academic service, vocational services, life skills training and other services to help students reach their IEP goals, including: adaptive PE, orientation and mobility, occupational therapy, one-to-one staffing, speech therapy, transition services, vision services and transportation.

Spectrum offers a full range of educational services for students with severe emotional and behavioral challenges.

Days/Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Serving: At risk/challenged students, age 3-22.

Agency: **Spina Bifida Association of America**
4590 MacArthur Blvd., NW, Suite 250
Washington, DC 2007-4226

Telephone: (800) 621-3141
Fax: (202) 944-3295
Website: www.sbaa.org

Spina Bifida of Greater San Diego Chapter
P.O. Box 232272
San Diego, CA 92193-2272
Telephone: (619) 491-9018
Fax: (619) 275-3361
Website: http://www.spinabifidasandiego.org

Description: The Spina Bifida Association of America promotes the prevention of spina bifida.

Agency: **State Council on Developmental Disabilities**
1507 21st Street, Suite 210
Sacramento, CA 95811

Telephone: (916) 322-8481
TTY: (916) 324-8420

Fax: (916) 443-4957
Website: www.scdd.ca.gov

Description: The State Council on Developmental Disabilities is established under both federal and state law and has the responsibility to evaluate, plan and coordinate resources and service systems to protect and enhance the legal, civil and services rights of people with developmental disabilities. The council funds innovative and creative community-based services, special demonstration projects and training that will meet unmet needs or help to change the system in the direction of increased independence, productivity, integration and inclusion of people with developmental disabilities. The Council funds the Area Boards on Developmental Disabilities, which provide advocacy, do planning and needs assessment and assist in carrying out the Council's objectives and mandates at the local level. The Council works closely with those agencies that have primary responsibility for providing direct developmental services.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: People with developmental disabilities and their families. All ages.

Agency: **Steps for Independence**
15500 E. 14th Street, Suite C
San Leandro, CA 94578

Telephone: (510) 278-8236
Fax: (510) 278-7345

Description: Offers training, instructions and support in the areas of meal preparation, money management, housekeeping, shopping, use of appliances, safety, interpersonal relationships (that include sexual orientation, if requested), communication, transportation, personal care, recreation, apartment rental, and basic computer skills. Spanish and Tagalog available.

Days/Hours: Administrative Office: Monday – Friday, 10:00 a.m. – 6:00 p.m.
Program: Monday – Friday, 8:00 a.m. – 10:00 p.m.

Serving: Clients of Regional Center of the East Bay, 18 to 65 years of age, residing in Alameda and Contra Costa Counties.

Agency: **TASH (The Association for Persons with Severe Handicaps)**
1025 Vermont Avenue, NW 7th Floor
Washington, DC 20005

Telephone: (202) 263-5600
Fax: (202) 637-0138
Website www.tash.org

Chapter Contact
1242 Market Street, 1st Floor
San Francisco, CA 94102
Telephone: (415) 503-4460

Description: The CalTASH organization supports practices that promote our resolution that all people, regardless of their label of disability, should have the support they need to direct the course of their own lives, and to live and participate successfully in inclusive schools and communities. CalTASH accomplishes this through; Creating opportunities for collaboration among families, self-advocates, professionals, policymakers and other advocates; Advocating for equity, opportunities, social justice, and rights; Disseminating knowledge and information; Supporting excellence in research that translates to excellence in practice; Promoting individualized, quality supports; Working toward the elimination of institutions, other congregate living settings, segregated schools/classrooms, sheltered work environments, and other segregated services and toward replacing these with quality, individualized, inclusive supports; Supporting legislation, litigation and public policy consistent with CalTASH's mission; and Promoting communities in which no one is segregated and everyone belongs.

Serving: Children and adults with developmental disabilities and their families.

Agency: **Theatre Unlimited-** Janet Pomeroy Center
207 Skyline Blvd.
San Francisco, CA 94132

Telephone: (415) 665-4100
Fax: (415) 665-7543
Website: www.janetpomeroy.org

Description: From the Janet Pomeroy Center's inception, music, drama and dance have been included as important program components. The Music and Drama Department was established in 1969 and the overall approach has been grounded in developmental theater and structured improvisation. Today under the umbrella of Theatre Unlimited, programs encompass process-oriented classes, workshops, and rehearsals enabling individuals of all abilities to experience the joys of creating, viewing and presenting the arts.

Drama and dance classes are offered to participants of all ages. Some classes are open to the community as part of City College of San Francisco's Disabled Students Program. Volunteers, local and international interns, and guest artists join Theatre Unlimited classes, bringing their love for the arts, their performance expertise, and their technical talents to our program.

Days/Hours:	Call for current information.
Serving:	Call for more information.

Agency:	**Through the Looking Glass** 2198 6th Street, #100 Berkeley, CA 94710
Telephone: TTY: Fax: Website:	(510) 848-1112 (510) 848-1112 (510) 848-4445 lookingclass.org
Description:	Provides a variety of home-based services during pregnancy and parenting for people with developmental and other disabilities and their babies/children. Support group and in-home services for parents with other disabilities including adaptive baby-care equipment. In-home infant mental health and developmental services and family support groups for parents and their babies/young children with medical or disability issues. Staffing primarily by professionals with personal disability experience. Has national research and training center on families of adults with disabilities, with national clearinghouse for parents with disabilities newsletter, etc.
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.
Serving:	Primarily Alameda and Contra Costa Counties.

Agency:	**Toolworks Inc.** 25 Kearney Street, Suite 400 San Francisco, CA 94108
Telephone: Fax: Website:	(415) 733-0990 or Video Phone: (415) 255-5856 (415) 733-0991 www.toolworks.org
Description:	The following services are provided in SF, Alameda, Contra Costa and greater bay area: • Community Services Independent Living and Supported Living services • Community Integration Day Program • Situational assessment • Job Placement • Supported Employment • Individual placement • 10 week Janitorial Training Program • Housing Partnerships • Deaf Services • Commercial Janitorial Services

Days/Hours: Office hours: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Adults with disabilities 18 years of age and older. Specializing in services for individuals who are deaf.

Agency: **Transition Point**

Telephone: (925) 253-1223
Fax: (925) 253-1215
Website: www.transitionpoint.org

Description: Services include individual or group workshops that combine Brain Gym and extensive life coaching in order to improve goal setting and achievement, physical strength, decision making, relationships, memory, and promoting appropriate behavior.

Days/Hours: Sessions are tailored to individual preferences and may take place in the coach's office, over the phone, and/or in a special setting.

Serving: San Francisco/Bay Area

Agency: **UCP of the Golden Gate (United Cerebral Palsy)**
1970 Broadway, Suite 115
Oakland, CA 94612

Telephone: (510) 832-7430 or (925) 939-8000 or (415) 627-6939
Fax: (510) 839-1329
Website: www.ucpgg.org

Description: Services include information and referral, public education, advocacy, peer counseling, communication panel for people who are non-oral, Women's Health Project, yoga, acupressure, Aging Project, and KinderGym.

Days/Hours: Monday - Thursday, 9:00 a.m. – 4:00 p.m.

Serving: People with cerebral palsy and other disabilities, and their families.

Agency: **United States Department of Education**
400 Maryland Avenue, SW
Washington, DC 20202-0498

Telephone: (800) 872-5327
Website: www.ed.gov/index

Agency: **United States Department of Health and Human Services**
Office of Human Developmental Services
Administration for Developmental Disabilities
50 United Nations Plaza, Room 474
San Francisco, CA 94102

Telephone: (415) 437-8481 or (415) 556-4027
Fax: (415) 437-8438

Description: Oversees implementation of federal grants in the field of developmental disabilities, including protection and advocacy and basic developmental disabilities services.

Days/Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.

Agency: **United States Social Security Administration**

Berkeley Office
2045 Allston Way — Telephone: (800) 772-1213 or (510) 486-3122
Berkeley, CA 94704 — Fax: (510) 486-3190

Antioch Office
2615 Crow Court — Telephone: (800) 772-1213 or (925) 439-0610
Antioch, CA 94509 — Fax: (925) 439-7166

Richmond Office
3164 Garrity Way — Telephone: (800) 772-1213 or (510) 233-0475
Richmond, CA 94806 — Fax: (510) 970-4492

Walnut Creek Office
111 Civic Drive — Telephone: (800) 772-1213 or (925) 938-5439
Walnut Creek, CA 94596 — Fax: (925) 938-4017

Telephone: All Locations: (800) 772-1213

Description: Administers Social Security Programs which pay benefits to persons with disabilities:

- Social Security Disability Insurance (SSD) benefits are paid to disabled worker or his/her family when the worker becomes so disabled that s/he is unable to work. The disabled worker must have worked in employment covered by Social Security.
- Supplemental Security Income (SSI) makes monthly payments to aged, disabled and blind people who have limited income and financial resources. This benefit is not just for adults. Children who are blind or disabled are also eligible depending on family income.
- Social Security for Children: Benefits are paid to the child of a deceased,

disabled or retired worker if the child is under 18 or between 18 - 19 and attending high school. Benefits are payable to a disabled child of a disabled retired or deceased worker at any age if the child's disability began before age 22.

The Social Security office is the general information source for Medicare benefits.

Days/Hours: Monday-Friday, 9:00 a.m. - 4:30 p.m.

Serving: Bay Area residents 65 years of age or older or disabled.

Agency: **University of California School of Optometry**
Special Visual Assessment Clinic for the Handicapped
200 Minor Hall
Berkeley, CA 94720-2020

Telephone: (510) 642-5726 or (510) 642-5761

Description: The School of Optometry Special Visual Assessment Clinic provides a comprehensive vision assessment performed by a multidisciplinary team -A pediatric optometrist, an educational specialist for people who are visually impaired, and an electro diagnostic specialist are included. A report plus recommendations is provided to caregiver.

Days/Hours: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Bay Area

Agency: **Walnut Creek Day Activity Center**
1440 Central Road
Walnut Creek, CA 94596

Telephone: (925) 935-9707
Fax: (925) 935-9709

Description: Behavioral day program for adults with developmental disabilities. Activities focus on adaptive communication, self-help skills, social skills, domestic skills, and vocational training.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 4:00 p.m.
Program Hours: Monday-Friday, 9:00 a.m. – 3:00 p.m.

Serving: Adults with developmental disabilities.

Agency:	**Walnut Creek Specialized Recreation Program** 1666 North Main Street Walnut Creek, CA 94596
Telephone:	(925) 256-3531 or (925) 943-5858
Website:	www.walnutcreekrec.org/jobs-specialized.htm
Description:	Specialized recreation provides social, leisure and recreational opportunities to children and adults with developmental disabilities. Programs are generally scheduled two Saturdays a month. The program also offers a monthly dance, and a Dinner Club. A variety of classes are also offered on a weekly basis. Day Camp for pre-school, elementary, teens and young adults is offered during the summer months.
Days/Hours:	Call for schedule of events.
Serving:	Walnut Creek and surrounding area.

Agency:	**We Care** Services for Children 2191 Kirker Pass Road Concord, CA 94521
Telephone:	(925) 671-0777
Fax:	(925) 671-4707
Website:	www.wecarebmcc.org
Description:	We Care Services for Children is a private, nonprofit agency devoted to serving children from birth to age six and their families in Contra Costa County. Approach emphasizes the development of the “whole child” by providing a variety of programs in Contra Costa County for special needs and typically developing children. We Care believes that early intervention and child development services are critical to ensure that young children are equipped with the skills they will need to start school and be ready to learn.Preventive early childhood services can improve children’s outcomes and by investing now, the need for higher priced care as the child grows will be reduced. Therapeutic intervention and early childhood education is provided to children in a warm and caring environment while meeting each child’s individual needs. The low child to staff ratio allows individual attention to be given to the children. Having an integrated program of special needs and typically developing children allow the children to learn from one another and promote tolerance of differences.
Days/Hours:	Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Children birth to six with special developmental, behavioral and/or mental health needs, including children who have been neglected or abused and their parents.

Agency: **West Contra Costa Unified School District SELPA**
2465 Dolan Way
San Pablo, CA 94806

Telephone: (510) 741-2801
Fax: (510) 724-8829

Description: SELPA is responsible for assuring program availability for all students with disabilities in the school-age population; to see that programs and services provide any needed services for any student with an exceptional need, and to assist in intra-SELPA and inter-SELPA placements, provide technical assistance and administrative support for the many requirements of the new laws. SELPA personnel include the Program Specialists who are designated to assist in placement decisions, curriculum development and staff in-service. They act as a resource to both parents and staff in IEP and IFSP Team meetings and assist in the identification of the most appropriate placement for each student. They facilitate the placement process and assist the student, parents and staff with any problems related to adjustment.

Days/Hours: Monday - Friday, 8:00 a.m. – 4:30 p.m.

Serving: West Contra Costa County Unified School District students and their families.

Agency: **Wildhorse!**
215 Skelly Street
Hercules, CA 94547

Telephone: (510) 860-8188
Email: penomee@yahoo.com
Website: www.kariannowen.com

Description: Wildhorse! provides instruction in horseback riding and modern dance for children and adults at all levels of mobility.

Serving: Contra Costa County

Agency:	**World Institute on Disability (WID)** 510 16th Street Oakland, CA 94612-1500
Telephone: Fax: Website:	(510) 763-4100 (510) 763-4109 www.wid.org
Description:	The World Institute on Disability is a non-profit public policy center dedicated to the promotion of independence and full inclusion in society of people with disabilities. WID conducts research and provides public education on a wide range of issues that impact people with disabilities.
Days/Hours:	Monday-Friday, 9:00 a.m. – 5:00 p.m.
Serving:	WID is not a service organization.

Agency:	**Xenophon Therapeutic Riding Center** 60 Don Gabriel Way Orinda, CA 94563
Telephone: Fax: E-Mail: Website:	(925) 377-0174 (925) 377-0174 Xenride@aol.com www.xenophontrc.org/blog
Description:	Xenophon Therapeutic Riding Center is located in a beautiful rural setting in Orinda. We offer life-changing experiences for children with a wide range of disabilities. This is achieved by focusing on ones abilities. With a horse as a guide, there is no limit to what can be achieved.
Serving:	Disabled children, 4 – 17 years of age, in Contra Costa and Alameda Counties.